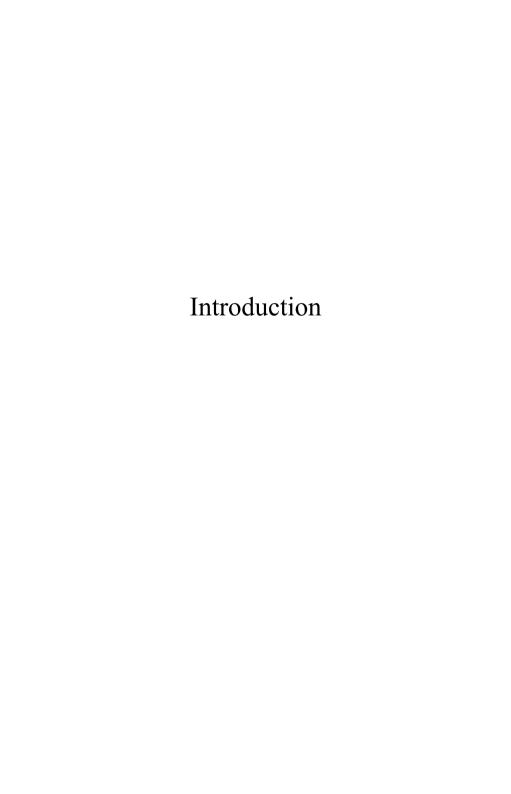


El Morya LC

The blood of Morya's Chalice LCenteur



Upon this earth that bears me in a remote Corner of the Universe, I follow the steps of Generations of human beings who have lived What angels live, what the Devil Lives

To the roses of these gardens thinned out of The soft petals of time, the ephemeral is The enemy that holds back the mind while Consciousness, or what I perceive of it, Immortalizes itself at a haunting rhythm, From awakening to awakening I crumple the Tender-colored Petals that Nature scatters on the path of my Struggles and my joys.

Moments of bliss are intoxicated with themselves and Serenity rushes into the enthusiasm Of their desires whose momentary deaths are Perhaps the unconscious pleasures that Immortality strews on The reef of passing days.

From heavy steps to radiant consciousness I mark out the scale of human airs Found and hackneyed and sleepwalker In the forests of my doubts, I open the Individual path of experience as pioneer

Of my life; empiricism is my motto And communication my way. With the other, with the soul, with time, With myself. Thus I progress Towards the difficult borders I raise and Knock down, feline-like devouring life As a woman, a being, sometimes clumsy But genuine always.

And from wolves to lambs, I clash or Harmonize with what you still are Or not quite are anymore, recognizing by Your mirror, what I still am or Am no more.

Eternity is the symbol of love and To the stagnation of the ponds We make, it takes airs of Sentimental emotions that Timelessness mocks.

To the green pastures, gaunt winters Blazing summers, my soul Remains and dies so that the eternal The stable, what is and not only what Is done or thought lives on.

I have the shock ray and the tamed wave Blended within me, delicate synthesis Of another time, another life Another me who Still resembles me and is not quite The same

Vibrant colors speak to me as I change skin dying to

Myself to rise anew to the world, to You, to what leads us here and there, Servers of the energy divine in Power and reality.

Desires fly away from me and Lighter I get rid of them, reuniting thus With what mankind transcends in The purest of its energies.

Flower and leaf, rain, sun and earth; Wind and pollen, I twirl around in all These stages of being rising up to the infinitely Divine who gathers all within the human Heart given to me.

Pink peony with luxuriant multiple petals, Rose bud or eternal pine, I am Infinity from the infinitesimally small to the illimitable vast.

In my nights lie the whimsical curves
Of the black petals of humanity which
I tap like a reservoir of memory
To filter within myself what
Darkness seeps into the World.
To the deep somber colors of
Your moods I align what my
Energies can cleanse, purging and
Purifying what clutters the subtle world.
Eliminating those somber echoes of you
That I find is no small matter and my
Daily-fare sometimes consists of
Head or stomach aches...
But nature the beautiful, my friend, my

Soul mate is the purifying spring Into which I immerse myself for help And renewal.

Far from the turbulent and polluted towns
I hide and protect my vehicles in order
To better and with less difficulty carry on the
Work.

Distance is only a word, I am Where you are and aspire to calm and Peace as a server of the divine, my Only Master.

Squirrels are my silent companions And their dances and Races are here the tranquil symbol of a Nature I love and appreciate.

No one can understand what in them I Live and experience, this clairvoyance of The other whose heart is interiority and

Whose cement is Love.

Wherever you are I am also.

Whatever you have done unto me, I love you.

My heart softly makes its way towards The Serenity of non-being which only is source and Outcome of being.

To the multiple paths that cross from The mist of time, wisdom reveals all Its meaning, like a network fragmented By individual quests.

At the crossroads of these multiple paths, the Word becomes flesh, illuminating with Wisdom and Love the minds

Alert to it.

We are this flesh and the blood of This life that crucifies and Sidetracks us, the trials are many Milestones indicating to each what Happiness is not: other than Ourselves.

From milestone to milestone, the paths are
Trodden and intersected, in a nonsense that alone
Gives meaning to the All as a target
Sighted in the gaze of eternity,
Of infinity that divine essence
Grants us until individual mastery
Free of deviation.

At the worst of times, doubts are the abyss And the trial a springboard The infinite rebounds propel What we are not towards

What we become.

The joyful tendinitis of a deficient Achilles' Tendon is but a

Marathon stopped by our limitations. Harder will be the sprint, making the Possible fall the key to a new

Door to open. On the threshold of this Consciousness, upheavals

Await, turning us into the whirlwind Of a redeeming inner storm and

The funeral oration of an outmoded state.

The undulations of a rising snake Are driven by the will from which Personal becomes divine and Expresses itself no longer for us but For what we serve.

No longer do I have the ambitions of my actions, My action is the culmination of Being.

To the silent paths of those who have
Left this plane is blended the soft prayer
Of those who will join them but will
The encounter take place if each one
Reaches a different plane of consciousness,
The one on which each works here and now.
However it may be it is when the sounds
Die off in silence that the
Voice of Silence echoes and settles in
To cover the Universe and to make of
Space-Time its echo audible to
Those who can listen.

To those who can see, the vision models
Itself along the light curves whose
Forms are the symbol, the base.
To remain by living, such is the
Edge of the razor, the balance of the Master in incarnation.

Suffering of the energies of others and Canalize at best towards the same,
That is part of the service and
That is how Love expresses itself.
This Love misunderstood by all but
Efficient even in its misunderstanding.
Within the hearts of the Masters in incarnation,

Miracle is a permanent state of Renewal and giving.
Anonymous gift made
Even when unbeknownst to the recipient.
Here ONE LIFE and energy follow their
Free flow in the heart of daily life with
General indifference or almost.
But service continues any way
In spite of all and what is meant to occur
Will occur.

leïla chellabi

- 1. Live harmoniously in a quiet place Where you can renew yourself easily and Be, under My banner, the Intrepid soldiers of Christ. I have spoken.
- 2. If culture can be reborn and Renewed, it is due to the inexhaustible Interiority of mankind.

 To the cycles of creativity, human inspiration Can be limitless should you Be conscious of cooperating with the

Gathered within you, the treasures of timelessness Sharpen your sensitivity, which becomes Extra-sensory perception, nourishing From its sources the inspirations of which you Are the canal.

Where do you place yourself on the ladder of Creation?

What is your current potential of Canalizing?

Divine.

What about your Creativity? Where do you position yourself on the scale of Service for humanity? Each of all of us has their own answers The Master in incarnation experiences and Knows because He lives what the disciple Can recognize through intuition. Open yourself to the light that Precedes you and recognize the silence of Those who know They are given neither To discussion nor controversy, In consciousness do They work, through awakening and not Through affirmation. The knowledge of the Masters in incarnation Is a lamp of Wisdom that shines Behind the relational darkness of your Moods distorted by the mind. To know this relational darkness and to recognize The Master gives you the possibility to See this light and become Enlightened.

3. You happen to pass through time
And your mind clings to the
Latter, to the shreds of the
Moments that make your life a
Puzzle in the game of your blindness.
To see and not believe in
The illusion of doubt, in the skepticism of
Your rejections, is to take a
Side street that dead ends in an

Can you recognize this?

Insurmountable limit.

Turn around, retrace your steps, Turn within yourselves, your life and

Be humble before giving without

Expectations and then perhaps

Recognition will take place,

Illuminating your mind and opening

The door to Infinity.

The ONE LIFE is there, behind or

Before you, it only takes one point

Of view to grasp it, it only takes

Humility to attain it and live it.

May your energies be expressed in it and

Not your forces, may your will be

Imprinted in it and not your doubts. These

Are only the steps

Of the spiral staircase that rises within

You, do not contemplate them,

Climb them.

To the joyous rhythm of this climb

Be, under My banner, the Intrepid

Soldiers of the glorious Christ.

May the Monad, receptacle of the

Mother of Earth, be the overflowing Chalice

With which you quench your thirst.

May the Father plant in it the seed of

Creativity.

To the union of Matter and Spirit

Be the witnesses acting in the name of

The One of whom naught can be said.

Go and create, Fire is your stiletto,

Matter your medium and the Mind your battleground.
Be in the world, not of the world.
Universal, planetary, cosmic in Yourselves, liberate these energies so that They enliven the true values
In humankind.
Words are your swords, sharpen them and Proceed so that consciousness be Teased by a necessary awakening.
Under My banner, work,
I have spoken.

4. Morya is with you. Upon the stone of My Ashram is found and forged The esoteric Teaching of the Hierarchy. From the periphery to the center the dedicated Disciples work and give. The Masters in incarnation are the Focal points of this Teaching and One Master, My disciple For a long time already, has been receiving and transcribing The sequel of what has already been given. Cycles follow one after another, and to the rising Curve of their successive Circumferences are aligned revelations That from the mind to intuition and from The heart to synthesis give to Each the tools, the means, the Knowledge to practice, to live

Daily in incarnation.

Occult obedience is one of the criteria Of the choice of a Master for their life In incarnation.

It will soon make place for Divine Will Then to the neutral energy of love As a powerful force of destruction and Construction.

When the Master can destroy through the Ray I of Will-power, it means
That He can lay on the ground of humanity
The solid foundations of the future edifice
Of which My First Ray Ashram is the
Instigator.

First Ray Masters, Masters, My Brothers, Who handle and canalize it with Love, You are the builders of the Future, the pioneers of the foundations of the New Age.

5. In the heart of your most difficult and Delicate actions, bear in mind the Strength of the Power of the Ashram, It is from There that the most daring initiatives for The positive future of human evolution Proceed.

The purification of the mental plane is Currently a priority and if Disciples knew, in spite of their Good will, how much they Participate in polluting it, they Would be stunned.
Discrimination and consciousness,
Seek them out, objectively, and
Let work be objective
So that intuition can flow through, fluid-like,
It is the soundest anti-pollution
You can, at a certain level,
Introduce to help efficiently.

- 6. To the rocks that hold fast on your barren beaches Interiority anchors the perilous advances Each person makes within.

 Within the deep waters, whose blue mass has Accents of pure sky, lies dormant what tomorrow Will blossom within you to better love and Serve again. Humanity forges itself to spirituality To which the heart aspires and the soul answers.
- 7. Energies escape and slip between plexus And other chakras to harmonize what in Self you are: divine.

 Under the banner of Morya go forth fearlessly, Leave your strivings to yesterday and look Foward to the light within you that Precedes you. There are lives of deeds and Resolute renunciations but each link Into Infinity is a human knot undone.

 May the wind over the surging tides and The waves of time soften what some Have abandoned so that, restored in Space, you find the center of which you

Will become the earthly circumference.

To the vibrating currents of Infinity, may

Sound be the seal each symbol

Retains that impregnates your voices

For the well-being that communication really needs.

To the soft sails that mask what in you

Is, lighten up so that the curves of

Your most beautiful radiation take shape and

Sweep through every relation from the start.

Drown the ochre of your inner dusk

To the glowing brilliance of your every beginning.

Seldom speak and always advisedly,

Even if your language is misunderstood, it

Will astonish simply because your

Acts will in no way betray what you say.

This you know by My colors, red and

White, My disciples gather to

Fuse their symbols: Love and

Synthesis. Just as in other times

My Brothers Buddha and Christ gave

Wisdom then Love yellow and blue

Colors, symbols around which

The faithful ones and the disciples

Of the Age of Pisces,

Gathered together.

Guardians of the life of the Symbol, you

Are the inheritors of the new world, and

Paradoxically its predecessors.

May words be your allies to

Suggest more than to tell, to

Thank more than to ask,

To give more than to take.
But know that Morya watches and he who
Will ask to better serve will be
Enlightened and helped by My faithful disciples, by
My Brothers in incarnation.

8. If daily life sometimes brings
Furious and testing moments, do not be
Discouraged, as the earthly path
Of the World Saviors is the
Most perilous, the most thankless, the most
Testing. Those among My Brothers who have
Chosen it have Our support but even if They are
Protected and guided They are not
Spared. Hardship is part of
Their choice and without Them on earth the
Work of the Plan would be impossible
At this time.
Go and recognize Them, you
Belong to the Plan, your help is precious.

9. May nature, greenery, trees,
Flowers and everything that beautifies
The natural environment be
The oxygen You breath to stay in
Shape and be in contact.
Flee the cities but work in them
Occasionally, tenfold will be
The hierarchical impact You will transmit.
Shine forth and be transfigured by
Prana. May Your physical presence bring to

Others the Testimony and proof of The harmony of being by being. May sleep carry You to the Sometimes dark beauties of the intermediary Planes where Your help is Precious. Many people suffer there From not being. There your light Is the most helpful to the darkness of Your brothers. Trials and labor for Which You have prepared for Several lives Work on Earth in the Name of Whom naught can be said. May the Mother of Earth support Your action in the deepest of Your commitments.

- 10. In service lies the most beautiful notion That the energy of Love can carry. The path of the World Saviors is the most Difficult. But with Morya Be afraid of nothing. Work on.
- 11. When aggressions become too pressing Nature welcomes You within her, Know how to withdraw therein and let Prana restore harmony.

 Men, Your brothers, those You help Have no inkling of Your sufferings in These moments of tension.

 Wherever You are, Your work on the

Occult plane takes place, in the same manner. Withdraw to work and restore Contact only when indispensable.

12. Faith is the sole state
Non-self cannot control.
Moreover, what non-self attempts to control
Is always related to
Emotions.
Joy, far from being an emotion is a
Unique Wisdom.
To serve efficiently, the state of Joy
Must be attained.

13. Between Yourselves, My Brothers in incarnation, Recognition is instantaneous.

LC and E.K.¹ met each other shortly before
The transition of the latter.

Naught was said as
Occult evidence was instantaneously
Present.

On earth the Masters, My Brothers,
Exchange their energies, always,
Before One of Them departs.

14. Across the indistinct spectrum of human Emotions, You must navigate. Be steady sailors and stay the course In spite of everything.

The sails are filled with the Breath of

¹ E. Krishnamacharaya.

The Ashram and You will be provided with everything for
The journey to be productive to others.

15. If the tree that shades You from the sun Could talk to You, the latent threats of Incarnation would bother You little, so much Its vibratory message includes You in the Whole. Wherever You are, a Deva is present, May his invisible colors bathe Your bodies.

Commune with nature and Work under My banner!

- **16.** When giving Your hand, do not Withdraw your heart. Learn and teach this to Your brothers, Other people.
- 17. To the noble paths of the Teaching is Blended the paradox of individuals who Project in it what they cannot understand. Work without arguing.

 Light does not flow from Discussion.
- **18.** Let others talk, let others do, Be what You are. Service also means Silence. Service is always Efficient even though You do not see the Final result.

Because there is no finality.
Fluidity is Your dwelling,
Mobility Your duty.
But to the cycles of evolution everything
Happens as scheduled in essence
If not in form.

19. Listen to the silence and speak it without Breaking it.

From the agitated noises around You, Extract Your conscience.

May the plane of Experience express itself Through You.

The Beauty thus emanating from You, My Brothers, is omnipotent on this Distressed Earth.

20. As the paths of Love are Yours.

Do nothing to love, just be.
There will of course be misunderstanding,
Lack of understanding. But
Gratitude is no more for You
For a long time already.
You expect nothing and it is good.

21. Strong is the link with the Ashram, With Your Brother Morya, it is Indestructible.
Live what the Masters live on earth In certainty and determination

In the darkest hours when
Incarnation takes back its rights,
Accept them as the inevitable
Inconveniences of the earthly path, in the
Serenity that nothing perturbs.
Your path is difficult but who could canalize
Divine Energies
Without You on Earth?
Humanity suffers and
You suffer along because You
Can empathize.

22. When nothing outside of Service Counts anymore.

When the Plane of Experience is a Daily reality.

When earthly pleasures attract or Distract no more.

When love is no more like A feeling.

When the concern of canalizing is No more because

Canalizing is permanent.

When solitude is not heavy at all Anymore because the subtle planes

Fill your Life...?

Who amongst the men and women Surrounding You can understand? In silence, Work.

Like You Morya knows.

- **23.** Beauty exhales from You through Every trial and bears witness to Your involvement in the subtle world.
- **24.** You are the two-way mirrors of the Plane of Experience, but like Such a mirror You reflect back the images To those who have not attained it.
- 25. At 50 years of age Your full expression is Achieved on earth. Before You Serve already and all the same but Work is also achieved exoterically, From 50 years onwards, In the relation that becomes Canalizing of Your mastered energies That are no more Yours but of the Monad And extra-planetary.
- 26. Christ lives and expresses Himself in each of You, as well as Jesus did Walking the earthly ground. The Kingdom of God on Earth or Externalization of the Hierarchy is Well underway.
- 27. May the tendrilled songs of birds
 As well as their flight be the simple
 Spectacle of Your distractions.
 In the midst of nature, recharge Yourselves with
 Prana to then give the

Best of Ourselves.

28. The sun is indissociable from the Universe As You are indissociable from the Hierarchy.

29. You combat
Alongside Morya.
Evolution advances under the
Strong push of the subtle planes where
The Ashram pours out its Power.
The Plan rooted in its essence is
Mobile in its forms.

30. In a silent crash,
Waves explode and recreate themselves in the
Cycles of evolution.
You know of the date and hour and
Thus remaining steadfast
You serve the "non-doing" Our
"Doing" implies.

31. To the hour glass of time You are the scintillating grains that Move others. Thus the masses follow The hierarchical impulse without Necessarily knowing.

32. From whence comes at the dawn of a night's End this determination of an

Incomprehensible or irrational choice For many?
From a reunion in My Ashram
Of which You do not retain the visual
Remembrance but which so impregnates
Your body that You know exactly
What to do, how and why.

33. Direct contact with one of My
Brothers in incarnation is a matter of
Date, place and cycle.
You know the one and the others and
Therefore, apparently discrete periods
Are linked.
The contact of the Masters is permanent
Whatever planes
They work, They are
Always linked with One Another.

34. To never enter into the Pathology of a relationship Whatever it may be is The golden Rule of the Masters in Incarnation.
Which implies Discrimination and pruning! You are not harsh, You are just.

35. Our Brother K.H.² has become

² Kut-Humi.

Chohan of the Second Ray which the Christ and He, through the Ashrams, Anchor to the dense physical world. Art and medicine are Impregnated with it for a wider Service of the accepted disciples.

36. When in brief flashes the chosen Path seems heavy to the natural Opacity of the brain oft contaminated With mental and physical pollution, Project your silver thread towards The Ashram so that Joy can re-emerge through The curves of this hierarchical umbilical Cord that is never severed, Even in transition.

37. In deep moments of contact
Steer clear of any pollution and bear in mind
A discipline that nothing
Can discourage.
We work together.

38. The more service accomplished the Less time presses.
Because time is a human
Division which You lose
Sight of on the planes on which
You work.

39. On this planet damaged by

Human beings, minds must be awakened And work must go on in Consciousness.

- **40.** The collective unconscious is a Differentiated magma to the mind of The human race. Its thought forms Are strong and influential Obstacles to the free Flow of the primal Energy or ONE LIFE.
- **41.** The slopes of human life are slippery but Your feet treading thereupon leave Prints all the same!
- 42. In the shadow or light of the Contrasts of the physical plane, Our radiations are inscribed so that Day or night, on whatever plane You advance, help is real and the Presence constant.

 My Brothers, My Sisters, We work together for evolution.

 Humanity must rejoin the Kingdom of Heavens up to the Last individual concerned.

 Vast endeavor, extensive work.

 We are present and active.

 The plan progresses in the changes of Its imperatives, inexorably.

Know how to see the causes, always, to Enlighten the world.

43. To the bottom of the abyss where You are, My Brothers
In incarnation, dive ceaselessly, there may be Found the timeless light that
We rejoined many lives ago.
Accessible to all, will it become,
Because You are its bearers in the
Midst of the abyss.

44. When You have problems within The physical body, they are often linked to a Strong canalizing or contact. Frequent vomiting for example and A stomach pain or difficult Evacuation can be caused by a Polluted contact, be it physical or Mental when Preparing a closer contact with A Brother on the subtle planes. Under these circumstances, eliminate if You Can the causes of pollution and Withdraw from society to Facilitate contact. If not then Headaches will occur stemming From tension too strong on the vehicles. Obeying to intense energetic Pressure is a duty of the

Master in incarnation.

45. In a period of contact, the lighter You eat the better You will canalize.
No meat or dairy products
For a while.
Vegetables and fish once in a while.
Some vitamins in very small
Quantities if You feel the need.

46. Your vehicles react to the slightest
Currents and the body follows and staggers under
The pressures. Hence exercise caution My Brothers.
Be attentive to the slightest sign
Preceding a close contact and
Prepare for it. Then You will rapidly recognize
The signs, the body
Will bother You less.
These are the inevitable inconveniences
That the Masters in incarnation must bear.

47. In hierarchical contacts,
Energies shoot out headlong,
The impact is tough on the ground and
Even the most purified physical body
Staggers under the impacts.
Might Your steadily vigilance
Makes Your work easier.

48. Eliminate as much as possible the risks of

Energy interference inherent in Incarnation.

49. The Ray I, Ray of the Monad, Impact of My Ashram, has very few Real canals on the physical plane. LC My disciple My sister is The most efficient.

50. At the publishing of the book P.E.L.³ transcribed in

Collaboration with My Brother D.K.⁴, Be attentive to reactions, they Will be the beacons of Your earthly references Of incarnation.

Ashram-work, esoteric psychology Will benefit from it for a long time. Research founded on This base will be carried on, resulting in New therapies.

The Psychologists of the future will be Esoterically oriented.
Work in this direction.

51. Accidents are to the Masters in incarnation What poisonous insect bites are To people,

A venom carried by unconscious beings.

³ Same author, *A Point of Esoteric Life*, (published in French: *D'un Point de Vie ésotérique*).

⁴ Djwhal Khul.

The damages are inevitably
Handicapping and in the very worst case
Transition can occur, severing
Momentarily from Service a Master
In full activity.
In this instance work proceeds on the
Occult plane.
Beware and avoid those who involuntary
And unconsciously can serve to
Canalize negative forces.

- **52.** In the event of an accident Morya protects You. But great is Your responsibility to Avoid them, as well as Your vigilance.
- **53.** My Brothers in incarnation, You are the gold and the light of an Instant of Infinity on earth.
- **54.** May the greenery in nature uplift You in The low moments of Your daily life.
- 55. In every Master in incarnation resides A potential of fragile endurance Whose non-existent borders switch From shadow to light on the Planes of action, From negative to positive in the hearts He accosts and assists in the Secret of the nights that veil what

His light brings in the energies to harmonize.

56. To the partisan thirst of the power-thirsty, Bring the calm fullness of a Stability indifferent to change.

57. Stomach pains or disturbances are the Result of the energy whirlwind Your work of help to others Creates. The Plexus is the center of Contact for most men In difficulty. And as You go to the heart of psychological Problems that interfere with Interiority, well! You suffer because You Cannot avoid daily life. Your physical body suffers the consequences. You recover quickly in a quiet environment and with Nature, and unlike for the majority, age does Not show on You. Morya's armor is strong You can use it, My Brothers, My Sisters, the difficult path of Incarnation spares no one But You are at least conscious of it.

58. May the Joy of the subtle planes irradiate from You, may it reach out and become a Testimony in Humanity.

59. You who on earth work in Consciousness, for Consciousness, and who Understand its planes
Work with persistence and determination:
Sweetness is the prerogative of the coward who Restrains himself to give as he can Only give what he has: very
Little.

60. Be strong like the olive tree
Be light as the smell of flowers,
Be persistent like the wind,
Be determined like ocean waves,
Be flexible like bamboo,
Be mobile as the sun over the seasons,
Be pure as the white of the driven snow
And as rocks on the moving ground of
Incarnation, assert the ONE LIFE and
Be the witnesses and actors of the
Invisible and physical planes.
Together let us work.

61. As the lifting of a veil, the end of The Test gives Initiation
Its full meaning.
Be courageous, never foolhardy,
Be vigilant, never wary,
Leave each to his "I",
You, My Brothers, for whom at last this "I" is But a word anymore, a way to not
Speak...

62. The strength of the Ashram has marvelous or Terrifying power. Be not afraid, You are its pillars.

63. When the golden waves of the Boreal dawns rejoin the Cosmic reservoir of the Colored backdrop, Your subtle bodies, Vivified, beam and their hues Resound on the Plane of Experience, Harmonizing the duration in which The cleansing of the mind is inscribed. Thus Beauty expresses itself to the world too.

64. There is in each link
You form with the subtle worlds more
Love and understanding than
Men could imagine and yet,
As I already said in the leaves of My
Garden, You often harvest only
Loathing incomprehension so much that
Self-absorbed egos judge what
They cannot even glimpse.
Ignorance condemns You but
I watch. Lean on My shield and
Let us tread on My Brothers, the
Work must not suffer from it.

65. Telepathic contacts are good at night when The direct line with a Master of the

Hierarchy out of incarnation is clear.
Thus I intervene personally
Between two and four o'clock in the morning.
Transmission is then facilitated by
The serene waves of physical rest.
Of course it happens also during the day
But it is then facilitated by calm and
Nature.
Love it, seek it.

66. When gaseous convolutions
Disrupt Your intestines, often
Energies leave their qualities
Inside of Your bodies.
The physical body is often disturbed by this.

67. You will only harvest rancor and Sourness when You are fair Because what is fair is only perceived By a minority. But go forth, work for the Plan does not tolerate the half-hearted.

68. We extend our hands,
We open our hearts, not without difficulty,
We contact the soul,
We know how to awaken consciousness,
But We do not spare Ourselves from the
Arduous moments on earth.
Such is Our lot as humans,
We share these moments knowingly
With Our brothers.

We also are Humanity. We Love.

69. Like a tuning knob on the Indirect line of disappointed hopes, You regulate the cadence, You are the mutants with the unknown Spirilla. And by living this Intense hierarchical work You demonstrate Spiritual Humanity. We work together Until complete redemption. I have said.

70. The Master in incarnation has everything He needs since birth on the physical Plane, He discovers it slowly and Becomes fully conscious of it as a Certitude along the needs of the Work.

I speak here about the material plane of Incarnation.

71. The leaves of My Garden were Intended for disciples in quest or in Difficulty. May your thoughts, when in difficulty,

Be directed towards Me.

72. Your physical body will swell and Shrink at certain times, the

Energy currents acting on the centers during Work cause this. But this does not Impact You psychologically anymore. Be and remain.

73. If You could see the colors that Haloe Your subtle bodies. They are beautiful!

74. Like a sonorous signal You Resonate at the heart of Space, Like brightly-shaded pastels You occupy Time. But it is on human time, You also know, that what Must be is done and of which You are the artisans. Probe Space, Delimit Time and Time no more will exist as such; It will be but the right moment.

75. If the path has thorns
It is because one must, one day, not
Feel them.
If Our feet have bled one day or
Another, it is because
The blood symbol of Life has the color of the
Red rose, symbol of the Heart.
And it is from the Heart of Life that
We intervene.

76. There is no more beautiful and great Joy Than the one that substitutes for Daily life, whichever it may be.

77. Only the great natural laws are Determining.
Any law established, voted and adopted by People has the potential for Transgression and circumvention.
Help them find and know the Great natural laws

78. To narrow minds oppose nothing, it Would only reinforce them in Their limits.

79. Intelligence is to the brain what Ore is to the ground;
The mind is its potential
For extraction and slag is the latter,
The final nugget or gemstone
Is the result of unrelenting work
On the non-self,
The ensuing glitter and richness is
The currency needed on the
Subtle Planes.

80. Every time Consciousness is Preferred over the mind, the subtle world Unveils a little of its mystery to the

World in general, while Your equipment, refined, participates in it A little more.

81. Some initiates have written to shed light on The Teaching a little further. We are All in a subjective relation to the Plan. But the key of Morya is Self-evident and Recognizable. Recognize it. I have said.

82. When work bears fruit while
You were only expecting
More work, the
Subtle worlds resound with Joy and
The light that floods them is
The substance of constant creative movement
Your ally.

83. Of the strong tension people have
Established around the planet,
Of the accounting books of credits and debits
Their one-mindedness to possess is inscribed as
The very utmost pollution.
The poison is immense and has become
A threat for the physical vehicle.
Great discipline and personal merit
Is needed by Those of
You who canalize telepathically
The messages of the Teaching.

84. At the level of cosmic impact everything Is inscribed and people are Greatly responsible for the Defects and disruptions of certain Useless inscriptions.

85. Anything uncreative is Waste.

Let us help humanity learn what is Creativity and what creativity

Ensues from it

86. When the vision is blurred, it is Because it never really existed. When the vision seems to disappear, it Only is an impression linked to the Cycles, the rhythm, the atmospheric conditions. The vision is.

87. In playful happiness of worldly Superficialities, people amuse themselves. Only humor gives You perspective To be in it without being part of it. It is important to be able to follow To better extricate them from it. Consciousness is the door, the opening And the lighthouse. You will have to oil the Hinges, cross the threshold and Light the lamp. The result is not

Your problem but Belongs to everyone.

88. Knowledge, wisdom and Love
Are the necessary ingredients for
Magnetism.
You represent the magnetic pole of the
Hierarchy on earth.
You are worthy of it,
We are responsible for it.

89. If the ways are wide, the Path is narrow.
At every turn blows the wind.
To every man and woman
You are the way, the turn and
The wind.
Only the path belongs to them, but
You are the finger pointing at the path,
May they see more than just the finger.

90. On the laced petals of
Spring roses, morning dew
Drops its pearls. Through their lens
The Sun rays
Help the flower bloom a little further.
You are the lens and the ray,
The dew and the light of the
Rose garden of Humanity.
But the roses know not
Their beauty.

Be the catalysts of this.

- **91.** To the Masters in incarnation, My Brothers, I guarantee the support of the power of My Ashram in any circumstance.
- **92.** When Consciousness is solicited The subtle planes vibrate and The Soul answers. Solicit consciences.
- **93.** The richness of matter Resides in Spirit. Matter is dense Spirit.
- 94. Whomever you are, wherever you come from You all go to the same place, to the Subtlety of yourselves within you.

 My Brothers, teach them this subtlety, You Who follow and precede every one, Your example of living is the surest Determinant. Be and remain.
- 95. Not only is absolute purity of the mind, But also the capacity to purify it, the Characteristic of the Master in incarnation. But Your work is invisible and they Will laugh at such a possibility. Ungratefulness and human aggression do not Disturb You but disturb the waves of Your subtle bodies, and when this is no longer

Bearable, when this imperils the Service, Leave and stay alone, close to Nature and Us.

96. Service is made difficult by
One's surroundings, environment, noise
And pollution. Big cities are
Reservoirs of problems and lengthy
Periods are sometimes necessary to
Recover. Do not deprive Yourself of those, whenever
Necessary, the possibility is always
Yours.

97. Of gray skies turning white
One can learn, and the wind that pushes them
Changes their shapes, applying the
Ceaseless movement of life to their
Light density.
Sun rays round out the
Volumes and they turn indifferent gazes
To the skies.
A lot to learn from clouds.
You are, to the earthly sky, the
White clouds people
Do not notice.

98. The emptiness of Time only equals The reality of Space. You know Time and You Occupy Space, giving, transmitting And quantifying what the Rays

Qualify.

99. On the variants of Your pieces We Rely to work together More efficiently for the evolution of Humanity that concerns Us.

100. In this book you can perceive the Synthesis of the Teaching given by Our Brother D.K. and Myself transcribed by H.P.B.⁵ and H.R⁶.

101. The new moon is a special moment of Contact and creativity, as with the quarters. At full moon, transmit.

For disciples, the full moon is the Moment of contact, then do We Emit, We transmit.

So too for You My Brothers On earth.

102. In the waves of the sea, in the Cyclic rhythm of the tides, Recognize the cosmic rhythms Latent throughout the seasons.

103. Disturbed by the negative vibrations That people emit, Damaged by the pollution

⁵ Helena P. Blavatsky.

⁶ Helena Roerich.

Imposed, nature suffocates and the Planet suffers.

She is still the most beautiful collective resource The most efficient rejuvenation for Humanity.

Awaken consciences not through Fear but by cooperation with Nature

104. Teach them to BETTER love.

105. Energies enter sometimes with difficulty, The purer and the more neutral they are the More Your physical and mental bodies receive them And the more crucial are External conditions.

106. Depending on these atmospheric and External conditions, independent of You, Tiredness can be felt.

Then force nothing. Rest.

107. The menses of women Masters in Incarnation cause Energy losses.
There is no need to be alarmed but Rest is necessary.
On the other hand, the female body is more Receptive and the subtle bodies usually Are refined with less difficulty.

108. The interdependence of the mechanics of The bodies is fragile and delicate. You all are, in incarnation, Comparable to high-precision Clocks, the slightest accident is Unsettling.

Do You realize, My Brothers, My Sisters, that You live in Your nervous system?

109. You could read on this subject "The Adventure of Consciousness" by Our Sister A.B.⁷ In this book is well explained The workings of the nervous system.

110. You are taught strings on the Universal harp, the pillar Linked to the Hierarchy is Stable but You are very sensitive to The least variation coming from Without.

Take care of Yourselves

111. The mobility of the Master in incarnation Is linked to the imperatives of the Service. What is important is not what He does But in what needs to be done. Eclectic, mobile and universal, He works.

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⁷ Annie Besant.

112. Recognition is an obligation with Disciples.

But if men do not recognize You, They will maybe know You.

113. Work in incarnation is Without a doubt the most tedious there is for You.

114. Every morning and on the following day Your physical body needs to eliminate the Negative energies prospected during The night and integrated by Your subtle Bodies, if need be.
Headaches can ensue
As well as intestinal
Troubles and the impossibility to digest;
Fasting and the countryside are the best Remedies. You eliminate best
In the fresh air.

115. The body of a Master in incarnation Is, at times, only nervous Suffering, along with every Inconvenience and annoyance That entails.

116. In the mountains, in altitude, there Your bodies are at their best.

A few days per year would be Necessary.

117. The sun has great purifying Blessings as what You tap is Essential.

118. While to the dreams of the more subtle banks You greet the most apt for The great voyage of evolution, We embroider with energies the Tunnels they will not fail to Use, liberating the light at the Threshold of the Guardian they will have To pass.

119. Teach them to trust in the
Luminous Wisdom of the Master by
Simply being what You are.
They will cling to it in the most difficult of
Times, to the opaque screen of the
Most tenacious illusions which will surely
Attempt to sever them off.
You will then be the rock and the Force they
Will meditate on and thus
You will accomplish the intention of
Individual part of
Each person that is so important to Humanity.

120. As with the days of horror that Buddha and Jesus lived, the Food that Life demands for the Negative Forces is a reality

People supply.
You enter into it, transform them,
Thus helping the ONE LIFE
Recover its lost domain.
May the inconveniences the physical
Body finds be the
Vibrant petals of the wilted flowers
You resuscitate, bringing to
Redemption the most infinitesimal atoms
You enlighten.

121. When in the deepest of
The reigning order, the key of Morya
Resonates again,
Know that the Ray I handled through
You has again accomplished what its
Reason for being dictates.
This divine quality, the hardest,
Can only be the instrument of
Destruction which it is for a
Purification without recourse, through
The absolute purity of intention
Only You have reached in the world of
Incarnation.
The entire Ashram participates in it.

122. May the obscure alchemical work that Brings the dark density of lead to The subtle gilded light of gold Happen only with the full power of the Ray I.

You are, My Brothers, My Sisters, Its catalysts. Light and shade are the Duality whose synthesis You resolve

123. The plexus center can only
Whirl at high speed when in contact with
The ones who depend on it.
Yours is at will a means for this
Contact, thus stomach
Problems can surface, the forces
In play, You surpassed a long time
Ago, and Your sacrifice to these forces
Provokes pains that
Compassion integrates.
Rest, discipline, food, fasting,
Within Nature
Help You recover greatly
On the physical plane You have to live in.

124. Blending the purity of Your bodies to the Pollution You encounter,
Gases can accumulate near
Certain organs, weighing heavily on their
Functioning.
Apply on the oppressed zone a
Heating pillow You will find in a
Pharmacy. This will soothe You.
Your physical body cannot avoid these
Inconveniences. Treat them as well as possible.
To continue to Be despite the

Tribulations of incarnation is an Impossible feat which You have Mastered!! Thank you. I have spoken!

125. In the cities, demonstrations,
Mass movements, negotiations through
Strikes or other aggressions
Transmit and cause murderous vibrations
To Your vehicles.
Protect Yourselves.

126. But in the cities too You will have to Work. Then stay only the Necessary amount of time.

127. At the new moon, always Be in Nature.

The full moon is a period when You can Be in the city.

Punctuate Your life with cycles and Respect them.

Perception, filtration and Transmission depend on it.

128. The sundry noises of incarnation will not Distract You.

129. To the light brushes of the subtle worlds Bring them the awakening so that Consciousness follows the Royal way of Christic evolution.

- **130.** To the blessed cycles of perfect contacts You will bring the openness and manna Necessary for the advancement of Humanity.
- 131. Know how to sever any mental link Harmful to the unfolding of the Service. Know that the slightest flaw You exhibit will be the highway that Negative forces follow.
- 132. When Time has come and
 The hour is nigh, nothing, My Brothers,
 Stops what has to be accomplished.
 May the entire force of the Ashram
 Support You in the difficult
 Service completed at the threshold of incarnation.
- 133. The way of asceticism is A function of self-discipline practiced For many lives. Your determination among the World Saviors also results From it.
- 134. Breathe the serenity of nature. In the prana You draw from it is The means to protect Your Bodies against the nervous difficulties Inherent to Your position on

Earth.

- 135. Consciousness is a resource that Depends on the proper coordination Of the subtle bodies. But You can Help them achieve it.
- 136. Your sensitivity is to humankind What shivering is to the skin.
 They will not see it but
 Something within You will give them
 Goose bumps.
 The mantle of Consciousness
 Will then fall on their shoulders.
 In the ensuing quietude
 Will be prepared their coming fights,
 Unavoidable, constructive and enriching.
- 137. Without even seeing the Master in You They will benefit from all His advantages. You make available to people The secret treasures and the keys of Evolution, it is true, but The help You bring is the Hierarchical torch Raised in the midst of human society.
- **138.** The important problems You Tackle will be lighted in a different Way. The surprise creates a State of consciousness favorable to

Change by breaking the mental Links clinging to the past.

139. The impact of Your language is Scientific. They will listen, whatever Their reactions. And they will Benefit from the powerful energies Which are Yours.

140. A look from You, even
If nothing is exchanged verbally,
Can become the scalpel of a surgical
Operation on the subtle planes.
The awakening thus given will develop later
Even if no future contact
Occurs, so great is
Your power down there.

141. Victorious soldiers of the Christ in You Morya supports You, You can Count on me.

The power of the Ashram assists You.

- **142.** Avoid any emotional wave which Could trip the ego and the personality You need in incarnation.
- **143.** Students do not understand easily that a Master in incarnation Is sometimes dependent on His surroundings. Sever the mental links and shun the

Disruptions they create on the Emotional plane filled with unavoidable waves Like zones of turbulence To avoid.

144. The waves created by the emotions of One's close circle act negatively on Sensitivity which is extreme and which Only grows with time.

145. In the worst moments the Link with Morya cannot break. You can hold on to it.

146. When the Black Brothers attack, the more Is at stake, the more violent the Clashes will be.
Do not fear, We face them
Together even if the impression of Solitude is absolute on earth, You Know that such is not the case.

147. To the light of Your work will Emerge the main lines to Adopt tomorrow for the construction of the World through individual evolution.

148. Architects on earth You build what Is scheduled in the Plan by the Council of Shamballa to which You Belong. Your memory does not retain the

Reunions on the physical plane as This is not the issue. Everything You start ensues from it Directly.

149. On the direct line of subtle contacts You are the active antenna placed on Earth and You transmit in a scientific Manner with the precision of Adaptability and a remarkable Diffusion pervades, opening doors To minds in quest and bringing Awakening to others. Your magnetism is a valuable tool That You do not need to use, it is. Be and work.

150. You will experience attacks through which You will sail triumphantly supported by The force of the Ashram.

I will assist You, You will be able to Recognize the fragrance of the help.

Be strong but be vigilant.

151. When silence unfolds its wings over Your solitude, be blessed, We are close to contact.

152. Under the three red dots of the banner of Morya the meek do not join. Your ardent hearts light with the white of

Synthesis the new ways for Humanity.

153. At the most difficult moments when You Are victims of Our Brothers of darkness, although vigilant, Be confident and certain that Whatever happens, the Plan evolves Following its trajectory.

Assaults are only the violent defenses
The Dark Brothers use to
Delay evolution.
They attack the persons You
Represent to them on earth. Our
Strength is that encompassing Love does not
Personalize. Contrary to them
We do not exclude anyone from the energy of
Love we express. Thus
The boomerang turns against
Them, sooner or later.
Be confident and work.

155. Devoted to the service of Humanity Your strongest protection resides In Your detachment from Personal goals.
The integrity of Your purity resides In Your unequivocal choice.
Service occurs under My Shield.
Fear nothing.

Work.

156. To all who participate in the Diffusion of the Teaching I recommend the utmost attention. They will try from the shadows to Deceive You with Light.

To the most essential of Your work they Will oppose the flaws They will be able to Find the basest flatteries,
The most cunning tricks.
But unwavered by these tricks,
Indifferent to these flatteries, You Will go forth knowing that their Power cannot be taken lightly.
And You will win because
Morya is with You.

157. When Your physical sheath is Abandoned in nocturnal rest, before Leaving it, do not forget to Commend it to the benevolent Strength of My Ashram.

158. Some periods of solitary asceticism May be necessary before Particularly important work. Discipline of diet and sleep, Mental contact severed from Polluters and those who may Act as channels for negative energies.

Nature and sunshine if possible. In these moments You prepare What tomorrow will infuse in the world The Vision or one of its Necessary parts.

159. The bird in its lightness
The squirrel in its mobility
The snake in its speed
The cat in its beauty
Will teach You a lot about Yourselves.

160. Your nerves are taut like the cords
Of an extreme perceptibility.
You will have nervous indigestion
When You will filter difficult
Energies.
In these moments no
Food will do. Fast and
Be careful not to overload
Neither the organism nor the subtle bodies.

161. These nervous indigestions are not Linked to food. You will be Able to know them upon waking after A difficult night on the subtle Planes.

If this is the case eat fruit,
In season, strawberries are excellent,
And occasionally drink coffee,
Like a prescription drug.

The headaches linked to this kind of Disorder will disappear especially if You are in the countryside, in the fresh air.

162. Television is a soporific which Numbs vigilance and confuses the Mind in its receiving functions.

163. At the first major initiation,
The takeover attempt of the Dark Brothers
Is open, it is an occult
Confrontation to put
Your choice to the test.
The attacks will occur only afterwards
But the physical manifestations
Are obvious.
The more You advance the harder
They are, tending to brutally
Short-circuit Your energies which are more and more
Performing and efficient in Service.

164. The Dark Brothers' attacks are Commensurate with the power That You emit.
These attacks are always Difficult on the physical plane But Your ability to recover Is great and We watch

165. The more the light imposes itself

The more shadows are unleashed. Study the world events of The past years and Notice that conflicts are always The expression of such struggles.

166. The awakening of consciousness which Is always individual Eventually moves the masses. Between the fall of the Berlin wall and The disappearance of communism Analyze on the occult plane the Effects of these upheavals and You will see that without the individual Canal of each person nothing is Possible.

167. An individual can awaken a people and Inversely a people can overthrow An individual. It has been true Throughout the ages. All the more so to Examine carefully The causes and results. Your point of view must be communicated.

168. At the dawn of every renewal, The materialistic forces of the past Attempt to blockade the progress. The worst are those manifested by Men who apparently have a new Way of speaking and whose power

Relies on traditional
Structures.
They lie and only are the
Pawns of the Dark forces.
Be wary of high-ranking civil servants.
They are the worst.

169. Manipulation is the first
Weapon of Our Brothers of the shadows.
You cannot be manipulated, thus
Beware of their attacks,
They will manifest themselves but
Under the banner of Morya
Dread nothing.

170. You who manipulate freely the Destructive element of the First Ray, You never use it Against the Dark Brothers; This war is not Ours. This is why they do not have Its power.

171. To all who follow the path of the World Saviors,
To all who endure the
Assaults of incarnation amongst others,
To all who work in
Complete abnegation, in the difficulty
Of minor problems that matter
So much in daily life.

To all the Masters in incarnation, To all is dedicated The blood of My Chalice like a Vital power acquired on the same Path and offered for the Redemption of all Humanity.

172. On the swastika of Human shame runs the impure blood of a Fraudulent ideal whose Victims were simply the Non-currency of dictatorship.

173. Do not confuse "civic life" politics With the politics of partisan-labels. The former is a humanitarian way The latter is a way to power. Adopt the former and combat the latter, No party is worthy, as by Rejecting the others it moves away from Synthesis by creating separatism.

174. My Brothers, My Sisters, live the Consciousness of people in global contact. When You live it individually With one of them, You enter his Interiority and You then need to Eliminate, digest these energies. This additional fatigue is sometimes Pointless. When important work Arises, sever Your contacts and

Work in silence and solitude. The same is not asked Of All, of course, but this Rule is to be applied in general.

175. Contacts with interiority are Pure Clairvoyance in symbolic form and Sometimes even to the first degree. They emanate from the Vision and Are always right.

176. The blessed Joy You experience Is, in the midst of the earthly storm, A stroke of the ever present Subtle planes of Light.

Abandoning oneself to the moment Brings soft vibrations and the Well-being of every cell ensues.

177. On the threshold of every chapter of The Teaching stands the Will of the ONE LIFE.

178. Give to the World what You have, What You are, and entrust Each one with taking what he can.

179. Now that the intellect and the mind Have worked well on the tasks Entrusted to Our Brother D.K., We Pass onto a new dimension in order

To help disciples cast off their Moorings to attain the superiors Planes of evolution.

180. When the wind plays with the tree, Do not the leaves also play with the wind?

181. Electromagnetic tensions have a Hold on Your bodies, but the latter Can transform them into a Positive collective synergy.

182. Only in solitude Will You receive very strong vibrations In order to prepare for contacts.

183. In solitude and nature
Only
Like athletes preparing for a
Competition,
Thus, the Masters in incarnation
Prepare themselves for periods of intensive service,
We count on them.
I have spoken!

184. In the haunting dawns of Difficult energetic returns after a Night of occult work, You can Even feel nauseous so Difficult it is to eliminate. At the slightest swallow or mouthful

You may vomit: no appetite. In those cases the head is heavy, a Leaden weight oppresses. Fast My Brothers and breath pure air.

185. Heavy head You will also have
When We want to establish
Contact and occupied with Your surroundings
You cannot answer.
If the currents are favorable,
Immediacy is required and if You
Are not available then the organism
Will suffer.

186. See how at times, Solitude is indispensable to You.

187. Buds are to roses what You Are to the Hierarchy, It cannot Bloom without You. Its reason for Being is Humanity. You are Amongst people Our brothers. We count on You.

188. Like an age-old tree trunk
Whose roots hold it steady in the
Turbulence of a hurricane
You, on earth, Timeless in the midst of
Turbulence, thus
Time does not have a hold on You.

189. Freshly cut grass has the healthy Smell of nature that opens to you. Draw from it, Your physical Health depends on it.

190. To the robust flowers that bloomed by in Season
Lacks the brilliance of a
Pathetic laugh over the timelessness of
Eternal return.
To the closed petals intoxicated with
Warmth and light, the wind soon
Announces a vacuum sweep that
Next year will recreate the
Delicate flower for human
Eyes.
Where does the flower go after blooming?

Where does the flower go after blooming?
Where does its fragrance go after wilting?
Flowers are models
Of humility whose Beauty remains
To the passage of time.
They do not adorn themselves but
Adorn you with their generosity.
The flower gives, you take.
Meditate on the flower.
Meditate on the profound resonance
Of nature.
Surprising parallels can spring from

191. When drops of cold rain

It.

Patter against the window, a
Natural magnifying glass is given to you.
Observe the flexible crystal trickling down
The window pane and in its tracks
Follow the course of the evaporating
Water.

When the window pane is dry again, What remains in you of the water symbol? Meditate and a symbol will spring to mind Exhibiting unknown facets
That will enrich your understanding of The Humanity through nature.

192. To the temporary depressions in The negative currents attacking You Oppose the profound reason for being of Your incarnation, and Light again, You Will stride in the World like A Savior.

193. People have a habit of saying that Days follow and for them it is True. But for You, days Precede, follow, and overlap In a universal Consciousness where chronology Is absent. It is the very principle of Akasha that You live.

- **194.** On the flexible foundations of a Stable mobility, You remain by Being and You work in the World and in the heart of the Hierarchy.
- 195. To the clear peals of laughter You burst out, Your humor Erupts and disarms the most Negative of energies.
- **196.** Humor is the only key to Unlock the most closed of hearts. But it is a golden heart.
- **197.** Thus You liberate what time Holds back to some, what daily life Turns away from others. And thus You serve.
- 198. To the whitening Autumns of these Old fogies that often Agress, let time elapse, it Will not be much longer anymore. It is on another level that You Work also for them.
- 199. Teach them that victory over the self Is a long practice filled with Surprises and pitfalls.

 Teach them that despite everything,
 One succeeds, always, and if You

Are the proof, We are the witnesses.

200. You are proof of The Dawn of the New Age.

201. Stop men, ask them
Not to use the term
"New World Order."
The word "order" has lost
All its luster in politics, and so much the better.
Order can only be from without,
Only harmony is from within.
It is a New World
Harmonization we need.
The terms used are important.
They transport an energy that follows
Thought and establishes the new foundations.
So be vigilant.
I have said

202. The superior planes of evolution are Planes of Service and not planes to Reach for personal Progress. Teach them.

203. At 3:00 in the morning the transmission Canals are clear. You know Well on this earth this privileged hour Also known as "hierarchical hour" for More efficient work. Hence You have to go to bed at

9:30 so that at this Hierarchical hour the physical vehicle Is already well rested.

204. Only self-discipline will assure You
The best possible line of canalizing.
In an initiatory period, disorders
Can occur, particularly head-aches,
Thus specific canals
Are cleared. Sleep well.
And think only of Service.
You who have gone through these difficult levels,
Teach them, give them Your
Experience.
Thus will disciples find
Markers in such work in the midst
Of incarnation.

205. To the striking and destructive forces of the Brothers of the shadows, oppose the neutral energy of Love that acts positively and Defuses their traps. But You Will experience attacks, be prepared, Be vigilant, and do not underestimate These difficult periods of confrontation. You will be targets of the material Forces. At first They Try to recuperate Your canal, then They bombard it to Render it unusable or short-circuit the Service by delaying the Plan.

Be vigilant. We watch. Morya watches.

206. All the gold in the World will never Be equivalent to one realized philosopher's Stone. Spiritual alchemy is A beautiful science to study and Disseminate. You are its living proofs.

207. Manage Your solitude and learn how to Recognize in You not the symptoms
Linked to a pathology but the ones linked to A progression in the subtle Worlds or
To a settling in Your subtle bodies
Of strong energies that enter and
Shake Your physical body accordingly.
Thus will You help the esoteric doctors
Of the Future who are starting their apprenticeship In this new science.
Give them instruction

208. Women Masters in incarnation can See their perceptivity altered at the Beginning of a menstrual cycle. It is unavoidable but not systematic. Hormones are linked to the nervous System, thus any hormonal Modification due to a cycle changes The nervous output accordingly. Know this to better live it.

A long rest is required, it Will often last a couple of days only.

209. When tension is too heavy, Eat fruit. You will Feel better. They contain The purest water there is.

210. To the heavy sky of a cloudy morning, Your head can experience the oppression The atmosphere is subjected to. It is also in these moments that Country greenery Will be beneficial to You.

211. Never drink coffee regularly, In homeopathic doses it is an Excellent medication against the Atmospheric pressures You Suffer from more brutally than any Human being.

212. A Master in incarnation can
Never let another person
Massage him. However, particularly
Strong tensions on the
Trapezius and the back need to be eliminated.
Shiatsu is thus authorized and
Beneficial, only practiced by
An Asian. Their energies are
Quite different from those of a Caucasian's, and

Will not disturb Yours.

213. You can sever a relationship on the Physical plane, You can not sever one on The invisible plane, especially if the Person concerned is Attached to You. As Your magnetism Maintains the attraction through a mental link Difficult to eliminate and inherent to Your Masterhood.

Thus be extremely vigilant with Your personal relations that Inevitably exist, that have to exist. This is true at the beginning and in the middle of Your incarnation.

Later You will know because You
Will have experienced that every person
In Your circle of relations channels towards
You more or less pure energies and
Your responsibility at this level
Will only be in relation to
The Service which of course includes help to
Others unless, at times, a
Wider Service is entrusted to You, which
Is currently the case with Our
Sister LC.

214. The tides of time follow the rhythm Of the wind. Caress or Slap it comes to You From the manifested universe like An invisible secret

The ONE LIFE offers You. It is a formal abstract expression Of Its enveloping universality.

215. The gutters of death are the Sewers of the physical World. You are its garbage collectors for the Love of Humanity. Death here applies to every living Thing that does not belong to the current of The ONE LIFE but blocks it. Then a type of death occurs that Needs to be cleansed and drained. Garbage collectors of Humanity You are the Fire-tiaras dropped on earth in Strategic places of pollution. The latter burns at Your contact. As You remain. But the banner of Morya protects You

Paragrah 216 has been deleted to remain faithful to the expression of the source of Teaching, sole defender of fluidity, out of context.

217. Teach them that at the center of the ONE LIFE the energy of Love is the Motor propelled by the Ray I. Who can manipulate the latter has all Powers as it comes from the Primary Will.

It is the Ray I that the Master in Incarnation can handle after the others, As it is the first to preside at the Destruction of the old for the Foundations of the new.
This Ray I is entrusted solely to Those who have Our trust.
The Ashram of the Ray I has a power of Destruction that is only equal to The immediacy, the instantaneousness of Renewal through Love.

218. Of sorrow or happiness, teach them that Tears are only the purifying Drops of the ego, this Ever present non-self. When the eyes are dry, if the Heart is open, Strength, then, is pure. When the heart is open and Tears flow they are then Streams of purifying compassion Towards Humanity that carry to Their source the vilest impurities. To clean them of the stains at The very heart of Your soul. Thus physical repercussions Occur in Your bodies.

219. Freed from any disturbing environment, In utter solitude, with

Nature as accomplice, I will come to You for the good of Humanity. I will express Myself again as I had announced it. I have spoken.

220. Although a few years late, the Plan unfolds as scheduled. But what Are these years compared to this Immense work!
The unexpected is always a result of Egos. Teach them, tell them how Important it is to free oneself from the Non-self.

221. The synthesis of Agni Yoga Occurs through You now. Hence the sequel to the Teaching.

222. In the solitary peace of Your Most creative moments, the vibration of the Ashram is directed entirely on Your bodies. Explain to them the Instantaneous Vision that ensues. Teach people and disciples that It is up to them to attain it.

223. To the music of the subtle planes Is added the organ of the eruptions Of nature.

Teach them to be attentive to it, the

Needs of the World are expressed in it.

224. It is after a violent attack from the Dark Forces that the peace and strength Of the Ashram are felt the most by Your bodies on the physical plane. Each confrontation with the Black Brothers reinforces You. But be vigilant. Morya is with you.

225. The expression of Synthesis is also Perceptible to you in the Faculties of Our Sister LC to Work indifferently with Our Brothers E.K., D.K., S.R.⁸ or Myself.
Same key, different vibrations, the Contacts are created like a Sophisticated subtle telephone. And this will intensify!

226. Of the blood of this Chalice
Transmitted to you, drink: symbol of
Life, Content and Container have
Gone through the difficulties that
Await you on the path.
Nothing is impossible to the Christ within you,
Have trust and work.

-

⁸ Subba Row.

227. Within you are steps to climb,
Opportunities to seize,
Mountains to survey,
Slides to endure,
Doubts to dismiss,
Certainties to establish, when this
Is done you will have to start over with
A fresh vision, know that you
Know nothing, only then will you
Start to truly understand.
Find courage under the
Banner of Morya.

228. When everything seems broken in The black abyss of the lost soul, When the bottom is reached in the Utmost of yourself, When the joys and sorrows of Semblances of petty happiness are no more Than clouded and formless magma, Then the fall is hard because The end is not in sight, then, and only Then, can you pick yourself up and Perhaps recognize the Master in incarnation within a Heart shot, in the partial vision which Is still yours. This is what Morya wishes for you.

229. On the broken line of an uneven Trajectory,

Your heart will be gashed, It is the only way to open it.

230. From the heart of your problems, Never forget that you must Move your navel away.

231. To You who help them, I bring Strength and blessings.
To the Consciousness You have, Awaken them, softly or not,
The important thing is awakening.
Do not fall asleep, Be!

232. To the abrupt slopes of a
Difficult incarnation, feet and
Hands are the symbolic agents
Of efficient progress.
Meditate on this and you will understand the
Difficulties encountered by the
Masters in incarnation.
Thus will you be able to bring Them
All your help.
I have spoken.

233. Be in osmosis with the manifested Universe, You are its Integrated and integrating part, thus To integration You add Synthesis.

234. To the atoms of the leaves of My Garden Is added the life of My blood so That You can go Forth drawing them along in Your current, because Your wake Is indeed on earth, and is crucial.

235. Humor is the mark of the Master in incarnation. Why? Because distance from non-self Only Remains as the latter has Disappeared in the derision of Temporality.

236. To the glisten You will perceive even In gray weather, add the medium faculties Nature facilitates and remain in Its midst as long as Necessary.

237. There are joys You will be able to Give and those only perceptible By the Self. These, You will procure them too but Differently, on the Plane of Experience, and they will be, at the beginning, Painful to the recipient. But You will know it and will give them Nonetheless in serenity because At this level, temporality does Not matter to You.

238. The Wisdom You express is only Equal to the Love You give But they will find You harsh at the Beginning until they Recognize You.
Then You will have to be careful to Avoid the cult of personality.
But it is a link that can also Be positive for some.

239. To the easy rhythm of the transcriptions Coming from My Ashram or from any Other Ashram in the Hierarchy, you Will recognize without difficulty the Master in incarnation.

240. Solitary wave on the long Human beaches, Your foam Will nourish the edges of the shores Where they will disembark. The affairs of the World will be Impregnated with it. Your foam, like The air into which it evaporates, is Inexhaustible.

241. Give and they will receive. Work and You will receive. Service is a subtle exchange whose Rhythm has its laws. You know and they will also know

Live and they will also be born. I have said!

242. The energetic well of the Ashram is Directly linked to Shamballa of which You are Members of the Council. May they be conscious of it. But You Do not talk about it, the evidence Will be part of their partial vision.

243. The song of the birds will accompany Your solitude and their innocent Notes will be the sonorous access to These other planes to which You Are linked.

May nature be Your haven.

244. When contact is established, it Is never interrupted whatever the Cadence of its rhythm.
In the clearest of those days and Nights of contact, You will draw at the Blessing well of Humanity, Settling the pieces of the Puzzle that the Plan has scheduled. Our indestructible link is tight. Live it also in the darkest of Attacks.

245. For a clearer transmission You Will sever the most cumbersome links.

Those You cannot sever Will be with Our care. No surroundings can handicap You for Service anymore.

246. You all have understood that I designate The Masters out of incarnation with "We", The Masters in incarnation with "You" and The people, aspirants and disciples with "they". May this be clear!

247. At the high point of transmissions, a calming Current will travel
Through You, Our vibration or that of the Ashram, sometimes both combined,
Giving Your mind-tool
The necessary calm for the
Harnessing global Vision.
Direct telepathy happens then
Right down to the comma.
Thus it is!

248. During the conferences or seminars You will chair, the same contact Will be Your transmission medium. After a while the magnetism will be Perceptible and recognized by Those who are ready for it. The instantaneousness of direct Perception and direct transmission Is the mark of Your so-called scientific

Thought.

249. Kundalini is the wave
Carrying the sailboat of Your incarnation.
Once freed, it connects through the center of the
Top of the head the divine
Mother-Matter and the Father-Spirit at the
Chemical wedding of which You
Are the object on the physical plane of
Incarnation.
Divine androgyny, Your energies
Are the divine qualities of the Seven
Rays in all their pure force.
Then imagine their impact! On
Others and the affairs of the World

250. To the slow curves of an accelerated Evolution, The Age of Aquarius, started, Makes its effects felt as much on the Political planes as on the scientific and others. The affairs of the World are Turned upside down. You are its directing agents, We are its foundation, they Receive the inspirations without trying The N.G.W.S.⁹ is its diffuser Among the masses. Work in conscious collaboration.

251. Teach them the symbols of the deceitful

⁹ New Group of World Servers.

Appearances of forms.
This discourse leads to the underlying Life. This discourse is the Ariadne's Thread that leads to Us.

252. By formulating the symbol You Awaken Consciousness but those who Stop at the mind will still Only see appearances. No matter, the Formulation of the symbol is necessary To opening the doors of the New Age.

253. To the colors of Time You will align The spectrum of transmissions so that The moment and hour You Know be honored and this Independently of Our contacts. Thus Our Sister LC Transcribed in 1984 the work with Our Brother D.K. For how many years did she Keep it silent? Seven years!

254. Heralds of the constant streams of The ONE LIFE, You are its Depositaries and Ambassadors on Earth, on the ground of incarnation.

255. Each Master in incarnation, at The time of transition is Relieved of energies by another

Master in incarnation who
Remains, you can follow the
Curve of these transfers of energies.
They are easy to see, transcriptions
Are often the proof.
I speak of the Teaching
Transmitted by the Hierarchy.

256. During important work on the Subtle planes You should Nourish Yourself lightly and only eat vegetables. Do not burden Your vehicles.

257. When short of time, Tell yourself you fail Time. Agitation is an illusion long ago overcome by The Master in incarnation.

258. With every short encounter drop a Seed that will germinate and flower in Its time.

The fruit and flowers will only be Perceptible by Consciousness.

And it is good.

259. There are blatant crimes you
Come close to without seeing and
Divine evidences you pass by
Without recognizing.
Where are your references, where are your
Markers, if not in the ego?!

260. Beware, the tracks are wide or Narrow, only the razor's edge Cuts. Who has not been cut by it Does not know. And this blood Will one day fill your chalice.

261. To the labels controlled by your Crystallized mind, remove the stickers So that recognition may Occur.

Dare humility, crush the non-self in it.

262. Think with clarity like a sword well Sharpened, You are the most sophisticated Psychic computers that exist. Your discernment will also be Noted in meetings and other Gatherings. What they believe is Thought actually is not. It is a Deep and direct knowledge that Has the mobility of external Interventions while maintaining its Center, the Hierarchical Center.

263. Under the flux of powerful energies that Cover the universe there are those who Resist, those who do not endure well, those Who distort. You Canalize rightly.

- **264.** When daily life confronts with a Choice, there are those who hesitate, those Who do not choose well, those who think They Choose and Those who know, of which You are.
- 265. Like a bubble of soap iridescent with The bright rays of the sun, Truth meanders, ready to vanish at The slightest false move, the Slightest breath of control. You Who release these bubbles, see how clumsy They are.
- 266. By the same impatience, will they Be fooled, to the same suspicions will they Fall prey, to the same slander will they Adhere, but You will pass by while Remaining and they will not even be aware. Hence be impassible and vigilant and Pass by while remaining, the Plan Depends on it.

 Yet they will say they believe In the Plan.
- **267.** There are those who define needs and Govern them with laws, there are those who Transgress and those who follow laws and There are those who through their work make Their interiority a JUST LAW in accordance

With the natural harmony that Makes them universal. Be of the latter.

268. At the top of a cliff vertigo
May overcome you. In spite of your
Attraction to emptiness, look at it,
There is found the echo of your
Interior emptiness, instead of projecting it in
The abyss, explore it in yourself, there
Are found the answers to
The vertiginous echo.

269. If you have taken the time to meditate on The leaves of My garden, then will You be able to drink of the Blood of My Chalice.

270. If the lead you have to Transform into gold was liquid, you Would find it less painful.

271. How to determine the moment and The hour when you are well aware of Being only the instrument? Precisely, it is at this moment that We can trust you.

272. Occult training for an important Mission also includes Unexpected nightly waking to Test the endurance and reliability of

The Vehicles of perception, whatever The hour and the moment

Brought back to waking consciousness in the middle of the

Night, You may wake up in sweat.

This is because, abruptly returned from the Subtle Planes, psychic energy, by

Abruptly changing planes in

The vehicles that canalize it, experiences a

Condensation which evaporates in contact with

The physical body.

It will not be unusual to note this Phenomenon when deep physical Sleep is interrupted.

It is a test of continuity of consciousness and Of its reliability that You experience there.

273. When the physical brain thus Switches abruptly from sleep to wake, its Receptivity wavelength must Adapt quickly. At the beginning Your Waking will be difficult and the adjustment Approximate but will quickly become Instantaneous.

This training is tiresome to The physical body suffering Strong tensions.

274. According to the work done on the Subtle Planes by the energetic and mental Vehicles, a stomach tension

Can be felt

If it is too strong it will be detrimental
To contact and You will have to go back to sleep
To re-establish harmony in the
Vehicles. But be careful, be vigilant,
It may be a takeover
Attempt by Our Dark Brothers that You
Will recognize by the vibration.

275. The Dark Brothers in the course of evolution, and

In order, attempt the following: Seduction, confrontation, Effrontery, attacks, Flattery, more attacks, and At any time energetic Takeovers. Your vigilance is Essential.

Our Dark Brothers are really only Dangerous for You My Brothers and Sisters Masters in incarnation. The brighter the light the stronger the Attack as well as other attempts.

276. Those of You who have
Many years of experience in transcriptive
Writing know that in case of abrupt
Waking due to a takeover
Attempt, the physical brain retains
As a dream the symbolic traces
Of the latter, easy to detect.

While if true hierarchical service Is concerned, You write simply Without any other impression on The mind via the brain.

277. The diabolical occultism of Our Dark Brothers is thwarted by the Master in incarnation in the service of the Plan and belonging to the Hierarchy. But they are dangerous. Your vigilance must Remain extreme.

278. Observe the tree branches
Bending under the wind and note how stable
The trunk is. Also,
Follow all the movements of the
Capriciousness of life and remain
Firm in the sky-earth axis, thus
Do You serve.

279. To the cold wars of any
Ambiguous relationship emerges
The demonical ambivalence
That trouble creates
In the heart.
Innocence is a shield, it is true,
But it is consciousness and consciousness alone
That enables to SEE truly and thus
To act justly:
Action is inherent to vision, in
No way are they separate.

Then see and act.

280. When in the midst of the affairs of the World you

Lament "What can I do?" you
Are not asking the right question.
Know that politicians have power
Because of you, that if a movie or a
Theater play is successful it is
Because you attend it and so on and so forth.
We are all responsible.
Do you really "SEE" this?
The same applies to armed conflicts,
Armament, economics, everything...

And if you are able to SEE this,
Then action will follow because
Only consciousness acts and
Motors the world.

The Masters in incarnation SEE, They Are but universal Consciousness.

281. It is because you ask the wrong Question: "What can I do, my God?!" That a conflict exists between the object Observed and you. As soon as the observer and the object

As soon as the observer and the object Observed are one, there is no Distance between them anymore and thus no more Conflict.

See and act.

- **282.** To the renewed dawns of Human difficulties oppose Your Ardent heart like a diaspora In combustion.
- **283.** Of pleasure, symbol of happiness or sorrow, Teach them to let go, they will Even find pleasure in looking for God, thusly Will they not find him.
- **284.** To the wilted branches that break Across the World add the tepidness and the Insipidness of the meek in spirituality Who want to rebuild the World without Understanding that theirs is the first shadow To be overcome.
- 285. When dawn rises in the Clear morning dew, see there the Beautiful tears of the great garden of Nature so many sufferings
 Testimony to the slaughter of which she Is victim, they will laugh, saying
 That dew has always existed.
 Reply that she could have cried
 Over something else, the causes
 Are plenty.
- **286.** When rain drops bathe the Flowers see how their colors Light up with a touch from the

Sky. Mediator fragrances and Beauty they open to the dazzled Eyes a little of the impalpable Of which everything is made. Love them.

287. To face the Guardian on the Threshold and to pass by,

To become soldier on the subtle planes and Warriors of fire to the attacks of the Dark Brothers Valiantly and without fear for the Service Requires a flawless loyalty of the Utmost rigor and firmness.

288. There where everything exists, is found and Rediscovered, in the centers that Meet, on the vertical planes of Canalization, there is found Shamballa, there do We Decide together, from there do Your Returns in the earthly morning dawn Become inspired and impregnated with This joy that long ago forgot What the word pleasure Means.

289. Of course they will ask You if You Have a remembrance of these meetings. Tell them that these details they call Memories only are the crutches Thought puts in their minds, Tell them You know: Your

Expression is the proof. Morya expresses Himself here. I have said!

290. The Master in incarnation is the Fire of Joy of the earthly blaze. How many Joan of Arcs have to Be Immolated by so-called Believers before a fragment of the Truth opens minds a little further. Some American psychiatrists even have Said that poor Joan was Mentally ill. To reassure itself, rationalism sometimes Has sharp teeth and A blunt brain!

291. The losses of stamina You experience Will by and by be less and less Tiresome to live, yes, for You Incarnation is a sacrifice Dominated by Joy, this special Wisdom that never leaves Us anymore.

292. To the listless torments of the curiosity The pseudo-gifted psychics possess, Oppose the deranged humor that Characterizes Us. They may be struck By their own failures?!

293. Objective consciousness is what is

The narrowest in mankind. Its limits are The obstacles that rationalism Sows in the four winds of its skepticism.

294. At the height of the storm, in its darkest Abyss, lightning strikes like An arrow of light illuminates the Sky brutally and totally. Discernment must retain This intense fugitive light. In the midst of the doubts that assail them, Teach them that light is everywhere, And that those who close themselves to The tempest of the storm will not see it.

295. When pleasure is sought in the Thousand and one torments of the ego, Life changes, mankind marches on, it is from This movement that human vital force, Like a wild horse, will soar, Stronger, towards the liberating dawns Of renewed conscience.

Teach them the courage of being.

296. In the exhilaration of the moment, physical or Psychic orgasms assume the Inverse proportions of their limits. It is in these moments, when The illusion of a summit is reached, That people, brought back to their barriers Sometimes find the strength to surpass themselves

Again.

Teach them that in pleasure one only
Finds the illusory shadow of
Attainment. Teach them how to take advantage
Of this spring-board to reach further
Heights whose summits are
Invisible.

297. When they stuff themselves with feelings Like whipped cream on a Dessert, when they come to The nausea of a painful Separateness announcing their separation, When they love like one consumes and That their notes are called Pleasure and desire again, You, Conscious spectators of these distractions, Teach them that emotions Do not yet know Love and that Love ignores emotions. It will be difficult but You are its Depositaries, teach them.

298. Learning should not be Intellectual at all; from our experiences in Life, we best learn The state of being.

299. Incommunicability is an evasive snake That coils up around words or Appearances, crush its head so that

The forces knotting its body
Distend themselves. Then, with one
Glance from You, harmony
Will be reborn again, without explanation,
Without a word, knowledge
Will simply have withdrawn one of the
Veils of illusion;
Communicate.
I have spoken.

300. As through the medium of waves, News travels around the earth, You have a parallel in that Your Energies effortlessly take root in The subtle Worlds and Earth. News travels, people Hear it, and listen or not. The same applies to Your energies, they Travel but are not always picked up. This is the law of evolution. Transmit. I have spoken.

301. At dusk when the voice of Nature becomes fades in the nascent Night, the Voice of Silence takes Over, there, in the night, The Word echoes in the Deepest of everyone. Then listen. Teach them that the Voice of Silence is Only the echo of their nascent

Interiority.

A rung of a ladder. Sometimes it
Will need repair, You can maintain it in
The time it takes them to reach the next rung.
Thus You focalize the initiatory progress
Of the group on Yourself, You
Act as a buffer to the
Assaults of the dark forces and You
Transmit them within You.
In the midst of incarnation these attacks
Are tedious to the vehicles.
Together in Service, let us fight!

303. When affirmation is born from Awareness, it is always silent. When it is born from knowledge, it Is loud, wants to be convincing. There they will be able to detect The impersonal and the personal. But will they?

304. Nature does not have moods, She only has states of being. By seeing her in such a way one will Learn that her manifestations are not Neutral and that between Her and people exists a constant Interrelation.

305. To the Spiritual Sun of the Most heartwarming encounters, see no Accident.

Discern and love.

306. Silence and Solitude both start With an "S", this is the Singing of energetic waves In the universe. Cultivate them. Nothing gets done at these levels in The noise of cities and homes.

307. Christ-Love has yet to Be lived within a couple. But it Will before the turn of the century. And you Will all be able to see the beaming couple of These two pioneers.

308. The aperture is an angle open to The World. Enlarge it.

309. You answer to the imperatives of needs, Because the Plan is thus forecasted and entrusted To You

310. Within their life Vision is a flash of light, And You are the Vision; Be The light of their lives.

311. Life is full of joys because The ONE LIFE is Joy.

312. It is You who focalizes the hierarchical impact For the group and it is You Who absorbs from the group the negative Forces. They will perhaps understand These extreme tensions You are subjected to. Some will help You, others will Drive You down and You will love them all Uniformly.

But will they become aware of it?

313. In books are potential Awakenings, in blood is a potential Life. Will they see the Synthesis by reading Me here? The blood of this Chalice is a Red river to the white of Synthesis. But it still must be recognized.

314. Ochre or crimson, what is the difference? Colors are only the energetic and visual Bases of the divine qualities The universe pours out and artists Are its vectors

315. No conclusion can be drawn, Never. Conclusions are the enemies of Evolution.

316. When Spring becomes cold and

Rains return, then
Within the mobility of nature
Something must be understood.
The same applies to the surprises of
Evolution.

Causes need to be elucidated, for every Seemingly unusual event It is in causes that reside Answers.

But there are always those who are Never astonished, their faces are the Dead wood of evolution, they Freeze it like an incoherence of nature, and It is simply a projection of their own Incoherence.

As long as something eludes us
Something needs to be grasped, to be
Understood, to be integrated.
Vision is instantaneous.
Grasp it, and know that time in
Its duration has nothing to do with all this.

317. Everything you keep silent is not silence. The pollution of what is not said spreads and Obscures the atmosphere, veiling With its opaque miasma the circuits of Subtle transmissions. Purifying silence is Something altogether different.

318. To the savors selfish salt

Gives in life, the corrosion is such that
The irrecuperable becomes permanent.
However, mankind is perfectible at any
Time, along the lengthy journey of evolution.
Only certain incarnations may be
Stamped with the seal of refusal of evolution.

- **319.** One must sometimes walk in mud; Before finding the paths, The crossing is not even perceptible.
- **320.** It is true that symbols are not life, It is true that by saying the word "door" you Have no idea of what it is made of or Its shape before having seen and touched it. However, it is the symbol hiding life and Thus leading to it. And to say that vision can be instantaneous.
- 321. Of the rings of circles made by Ricochets on the smooth surface of water, Measure the breadth of the energetic impact On the subtle bodies and the tool of the mind. And understand why their peacefulness Is necessary and how Important it is.
- **322.** The Masters in incarnation are subjected, in Incarnation, to an intense training In continuity of consciousness in The objective consciousness which, for Them, is only

A concrete pass-through of
Abstraction, from subtle to open expression.
This training is a physico-spiritual and
Psycho-concrete performance.
And They will be able to talk to you about it, this will
Help you in measuring the perfection
Their bodies reach as well as
The quasi mechanical process of Their
Perfectly synchronized functioning.

323. Curiously you can compare
The physico-psychic training of a
Master in incarnation to
The physico-mental training of a
Highly competitive athlete.
Of course the planes are different but a
Comparison can be made with the trials
They both voluntarily, and in full consciousness,
Subject themselves to.

- **324.** The Master in incarnation does not say everything But what he does not divulge is Silence.
- **325.** Of course the Masters in incarnation will not Teach you the Vision, but perhaps, Through Them, you can grasp A fragment.
- **326.** In the red berries of summer, taste The impalpable caress of warm

Sunshine.

To the contact of a Master in incarnation Receive the impalpable beam of the Central Spiritual Sun.

Do not waste this superb possibility.

327. When you will be able to break completely with the Past, it will mean that for you the Present Will finally have some meaning. Faced with the Eternal Present, this is not all, But it is a good start. And to say that it could be instantaneous!

328. At the start of a trial, a premonitory Restlessness often pervades, this is A subtle perception of reality that Disorients objective consciousness.

329. Sentimental sufferings are only Accommodations of the ego faced with a Soul it perceives dimly still. Love does not make suffer, but The ego has no inkling of Love. Because it knows pleasure, it Perceives only desire.

330. The Vision comes from a true Mental revolution,
The Vision is instantaneous, the Mental revolution should also be instantaneous, However, see the time it takes to

Attain it, counting in incarnations!
Which proves that time has nothing to
Do here, only
Consciousness is the cause

331. To the noisy and turbulent days You Will surely experience from A difficult environment, difficult People, remember that We are Linked and that whatever the appearances, Help is latent, unwavering, certain.

332. Material contingencies
And daily habitual reflexes,
Pass below the threshold of
Conscious awareness. But sometimes they are
Still disturbing.
Habits are against nature, only
Movement is linked to Life.
All this seems to be quite paradoxical in
Incarnation which on the physical plane is only
A succession of
Moments ensuing from duration.
But You belong to Time of which
Space has the secret.

333. When a choice is necessary, Is it still a choice? The deeper the hesitation The more limited choice is. Choice comes from inner freedom,

But is this really a choice?

334. The deeper you go in the Blue of the sky the less apparent is the color. Infinity has no appearance Even though it contains them all.

335. To the vivid colors
Nature projects, the Vision
Brings the impersonality that makes of the
Eyes and the object seen a
Synthesis where distance and projection,
Meaning difference, are absent.
To see means to be the other. You are the other
Because You see.

336. Sexual freedom is the Direction forbidden to Love. When you Spell Love in the plural, it is only Division and separateness; to the Self-service it is subjected to, even Emotions are caricatured, the ego, Prisoner of itself, proceeds in a Destructive escape into the future. Can this still be called Love?

337. It is a pleasure to create a baby,
But too much pleasure is had from not creating any.
See no moral lesson here,
Simply the elementary rules of
Nature are transgressed.

When Love is present, everything is
Different but sexual reflexes,
Habits, pretences are
The mediocre knife-notches
Made to what has become of marriage:
A simple contract.
Union is altogether different.

338. By giving to children the privilege of Life, parents then have to Teach them how to respect it. And They do demand respect!

339. It is at the end of these sorrows that Find no solace in having been that the disappointed Ego, will capitulate. Welcome these sorrows that Generate conflicts and sufferings, it is By adhering to them that you will erase them.

340. Bodies need preparation to receive Monadic energies; their impact is Comparable to their power.

The physical body always bears effects Doctors do not understand.

Sharp pains can occur

In the bones and travel very rapidly

From one place to another

With stabbing precision.

The Masters in incarnation experience
In the physical body strange

Occurrences, due to monadic

And also inter-planetary energies, They know Not to complain but
To rest to facilitate
The transfer.
These moments are tedious and
Painful but no loss
Of energy is to be feared.
At times They cannot
Even sleep lying down but sitting,
So deep is the tension.
All this needs to be noted to help
The energetic medicine of the future.

- **341.** Wherever you are, the soul of the world Is also, the Masters in incarnation are its Diffusing receptacles, and the Chalice is here, accessible to all.
- **342.** Matter is sublime because The Spirit animating it is divine. Travel the floors of its differences Until Synthesis which Underlies.
- 343. When you have to love, let the Other go like a sailboat on The ocean. Infinite freedom Is the mark of Love, it Means to not grasp anything but rather To help casting off.

 To Love in such a way is to

Communicate Infinity.

344. Love is a neutral energy that Nothing personal should spoil.

A beginning is started, but
Total renewal only occurs at the
Sixth initiation.
This particular choice is a total immersion of
Being in the soul of the world.
More than the preceding ones, this step is
Decisive, You know it well.

346. To keep silence with those who do not know
To not attack their intellect through provocation,
To keep silence with Those who know because then
Words are not needed, and
The rest of the time to measure speech
To the abilities of Their
Listeners, this is also how
The wise discernment of the
Masters in incarnation
Is positioned.

347. When at sunset the Sounds of nature stretch out in The oncoming night, inner silence Takes its full meaning. In it already Germinate the flowers of the following Day that night will adorn with the

Fragrances gleaned from the subtle worlds. Give silence a chance, give to Your tomorrows all their fullness.

348. Enthusiasm is the balm of action. Go and work. Morya supports You.

349. Mirages are subtle three-dimensional Drawings whose looks are absent. A certain perspective can see them A certain heat weakens them A certain distance creates them. People are their toys whose retinas Remain empty. Interesting parallels may be Drawn from this.

350. To shake off the shadow invading your Shoulders in difficult times is To remove a piece of clothing someone Else has thrown on Your back.

351. Tenderness in You is rarely
Manifest. When it is it is
Often towards children or persons
You know very little or not at all. They will then
Say You are harsh,
Because they do not understand that You
Are impersonal and that tenderness is
Essentially a personal attachment. Thus
You will be able to show it towards

Strangers because there is no attachment. Personal emotions are also as alien To You as the moon is to mere Mortals.

352. When Jesus said one had to Leave father and mother,
The Christ in Him was starting to Show the impersonality inherent to the Masters in incarnation for Whom Family is a means of incarnation.
Love is only present as For the rest of Humanity.
This absolute is still poorly perceived and Not well lived at all, You are the pioneers of The just Love on Earth.

353. To You, tenderness and human Emotions are only tools anymore, You Can use them, You are no longer their Prisoners, You absolutely do not suffer From them; You do not experience them, Only Love flows through You like A torrent but they only are sensitive To apparent emotions and they Will not understand easily; they May even mistake Your attitude With hypocrisy! But Nothing in You will cling to these Comparisons. You pass through while Remaining and thus

You love them As they have never been loved.

354. Intellectual explanations are Justifications of the ego that need the Recognition conferred by the Gaze of others.

At this level, You are right, speaking Is useless

355. The theories of communication use the Concrete mind and the subconscious to Better startle objective awareness. It is important to teach men That the only valid sphere of communication Is that of Consciousness. There, Free from of references and crutches, They can truly commune And communicate whatever their Personal beliefs and their social Labels are. It is a lesson in Surpassing the ego. It is necessary to open Spheres of consciousness in order to communicate. The theories of communication only Apply crystallizing methods To the ego, it is the opposite Of communication. You must install these spheres of Consciousness in the impersonality of the Participants. Do not mistake these

Spheres with New Age groups and Do not fall prey to group Psychotherapy.
Be vigilant and Work.
Morya is with You!

356. Men have built barriers giving them A sense of security and the result is Society.

Not everything is absolutely bad But so much is venal. Examine and think about the foundations of

Examine and think about the foundations of The economy but do not draw Conclusions, each one of you can Change things at your own Consumer level.

You have the power to be, What a responsibility! Grasp it and Work.

357. The Masters in incarnation will be the Focalizing agents of this will to Change, They will always be Present where Consciousness vibrates. Recognize them and work together. The hierarchical work will be Facilitated.

358. Concentration is the cleaver of Universality. Know how to concentrate by Using it as a means,

When necessary, but do not Exercise it without purpose. It is detrimental to the synthesis you Aspire to.

359. Like wind and water, You are everywhere There are cracks and hollows so You can Fill them, but like the wind, nobody Sees You!

Morya is here to support Your action.

Work My Brothers!

360. Like a Love song that Invades the planet,
The progress of the Masters in incarnation Is a blessing for Humanity.
To recognize them is your responsibility,
To help them your duty.

361. Of the perfect scales of the notes of the word, The Masters in incarnation are virtuosos. Only They can convey to you its Harmonies.

362. May the Joy of return greet Each of Your mornings, but do not forget To commend Your nights to the Strength of My Ashram. Morya protects You.

363. If the future, the horizon of Humanity is an

Abstract notion to many, it Is the reality of Your Service that is Conjugated in the Eternal Present.

364. The Masters in incarnation are The start of the Kingdom of God on Earth. The latter being the expression of the Realized Christ in all people.

365. The return of Christ is in No way that of the individual as might Have been suggested by the too theological Formulation of A.A.B. The externalization of the Hierarchy is in part The expression of this return of Christ.

366. In the prisons of conflicting relationships
You will inevitably experience,
Energetic disturbances will attack
Your bodies.
Severing the links of physical and mental
Contact is the only solution to
Re-establish harmony.
In case of extreme urgency
Morya helps You and this can
Manifest itself by the presence of a
Fragrance. Our Sister LC
Benefited from this during a forced stay at
The hospital; a case of extreme urgency given the
Extremely difficult
Relational context.

Her bodies needed to be protected. Morya watches and the Ashram is present.

367. On the immaculate snow skiers
Descend, the slopes, easy in appearance,
Are technical trials for
Which they must prepare.
Acceding to Synthesis is a slippery
Climb up an immaculate slope that
Throws You to the ground of incarnation in
The determining choice that is Yours.
The only difference is that You
Ascend as easily as they
Descend linking within You the
Positive and the negative; Your universalism is
To the service what their technique is to
Competition.

- **368.** You are the builders of the Age of Aquarius, Under the banner of Morya the Foundations are laid
- **369.** When, relative to the Plan, an important Work is scheduled, the Power of The Ashram enters in action, and nothing Can stop it.
- **370.** The Synthesis should now Be applied by all those who Follow and apply Hierarchical Teaching

According to its three inseparable phases.
The guardians of this Teaching being
The Transcribers and Mediators, Our envoys and
The members of Externalisation, all of whom are
Recognisable by the solidarity between them.
You can see that few pass this test about
Recognition, for it is not mind-based.

371. In the guise of an agonizing
Transcendence, the mystics contemplate
What should be to the detriment of
What action alone can install.
The soldier of Christ is an active agent who
Remains in non-doing and
Passes like a breath to
Animate action. Work and remain!

372. Like a silhouette standing out in The last blaze of sunset, The soul turns pale, into nothingness, The last bursts of the ego before Its demise, where the horizon Mixes with infinity, You have rejoined Infinity.

373. Will, Power and Love Flow in the crimson of the Blood of My Chalice.

The breath of the entire Ray I is Concentrated in it.

The resulting energetic dynamism

Characterizes the formulation That Our sister LC is entrusted to Transcribe.

374. In the royal torments of the divine Way, Fear is disarmed, abandoning one after Another its hesitations and defenses. To the steps of Infinity, entrance into The Absolute is to impersonal identification What altruism is to egocentrism.

375. On the gentle padded slopes of Material comfort, only the Masters in incarnation live the Responsibility of non-belonging, Knowing They are responsible for the Service for impersonal ends.

376. There is no happy Master in Incarnation. There are only harmonious Masters in incarnation.
Harmony finds its chords everywhere, Happiness contains the discords of Its conflicts.

377. The Master in incarnation, for you, only Expresses himself through the perfect triangle: Monad - Head - Heart, but He also has The direct Shamballa line - Heart, as well as A Center with infinite circumferences That is useless to mention here and

Of which He does not have objective consciousness.

378. Whatever opinions circulate,
The point of view of the Master in incarnation
Is universal, synthetic, fair, but so
Wide that the intellect can only
Apprehend it partially and hence
Discuss it, I ask of you not to
Fall into this trap but to reflect on
This point of view.

379. In the furrows of Love, seeds Can be sown. They will germinate and Take hold, sooner or later, in one Life or another.

380. It is obvious that density is a
Light veil in the form of which people make
Their reality. They sometimes cannot
Dream of the hidden life.
The Master in incarnation is the veil,
The form and the Life, thus you
Can pass Him by without seeing Him.

381. To the scintillating or opaque mornings, Life pours in cascading from the Subtle planes. The Master in incarnation is At the deep point where the spring begins, Because He joins it to the skies.

382. To the Temple of Your body, the columns

Are the nadirs. Fragile like
Harp strings, they resonate, at the
Slightest blow, on the nervous system;
Take care of this Temple from which
Service occurs on Earth, avoid
Harsh and other emotional impacts and
Thus may Your physical body irradiate
The Beauty of the divine world and the
Planes of light.

Peace be within You, My Brothers.

383. Cyclical rhythms are durations To which the Masters in incarnation Are attentive. Hence They Know the moment and the hour, but The hour is not yours. Sailing to the movements of Timelessness, They accomplish the Time Space opens within Them. Follow Them, if you can, in the Slightest pragmatic details of This Sacred Journey.

384. In the heavy fog that
Baths the physical eyes,
The heart of the Master in incarnation is
The magnetized compass of the Divine.
Wherever He turns, the sacred
Instruction He communicates is
Trustworthy.

385. Do not make of the Master in incarnation A Western or Eastern "Guru". He is a Man who has Experienced and traveled what you will Experience and Travel. Show Him Esteem and trust; worship Would be a travesty and would annoy Him. He is an Ancient, an Adept, consider Him As such, communicate but Do not polemicize.

386. From esteem and trust Ensues respect.

387. Be the outposts of the Ashram. Morya is with You and you all.

388. When joy seems to escape you and The mood turns to drizzle,
Turn your eyes towards the
Serenity of the eyes of the Master in incarnation.
Joy does not leave Him, it is with Him,
Independent of the phenomenal world.

389. My brothers, your most beautiful limits Are those you recognize.

390. Silence is to wit what The Word is to speech. Through the Voice of Silence the Master in incarnation Expresses the Word with or without language.

Measured, speech is only for Him Another means of silence.

391. Permanent contact is to the Master in incarnation

What episodic genius is to the writer or The artist.

But the talent of transcriptive Formulation is His.
Thus true transcribers
Are so rare

392. In the child's joy of life
Resides a nonchalance for tomorrow that
Disciples should rediscover.
This nonchalance is due to the energetic
Contact of the soul that is not
Conscious of the parceling of time
That belongs to adults.

393. Children have invisible playmates Whose reality surpasses
The understanding of adults.
The veil of density does not
Blind them yet.
It is your duty to preserve this
Reality. But how to preserve it if
It is inaccessible to you?

394. To work, to sleep, to eat... The things of life take on

Another dimension to Those who serve.

395. Under the protective darkness of Subjectivity, the light is intense but The shadow is present.
To tap into and combat the other Knowingly is also Part of the mission of the Master in incarnation, and We Work together.

396. Of the detours in the emotional labyrinth Created by any relationship on the Physical plane, the Master in incarnation Knows all the false turns and Avoids them.

397. Sweet or bitter your days are Beautiful in evolution, appreciate them.

398. When eternity opens up to your hearts, What is a moment of doubt Compared to the coming possibilities?

399. To be in infinity is to render to The infinitesimally small its letters of nobility As Love alone is capable. To be is to Love.

400. In the gray sky of these pale clouds

Your concrete mind fabricates, you
Lose the trajectory of the brilliant bridge
Rainbow of the cascades of
Divine manna that animates the most
Beautiful realizations.
May the disciples be vigilant, the
Concrete mind, marvelous tool,
Can become the gangrene of
Receptivity. I have said!

401. Thank Those who break your mental Limits even if They rough you up Some. The Masters in incarnation have This privilege. The projections of your Reactions are painful to Them even If They transmit them.

Discern!

402. A multicolored bouquet of subtle Colors makes of the bodies of the Master in Incarnation the transmitter of the divine Balm of the constant objective or subjective Help you might need, And this, even without your knowing.

403. Within the subjective group the Master in Incarnation is the buffer of the Negative forces, you emit the latter Within you too, so be responsible And vigilant, your thoughts being The formulating energy, watch them.

404. Within the subjective group the Master in Incarnation is the only element The Dark Brothers aggress. It is He Who focalizes their seduction Attempts then their attacks. The more the disciples are conscious and Responsible, the more their vigilance is Awakened and the more the force of the group Can help Him. Bring Him help and support, His Work is, in addition, sprinkled with the Difficulties of incarnation, which means that In intense times He Is in a permanent fight on All the planes. Become conscious that His bodies Can suffer greatly and Sometimes be impaired.

405. In the flexible permanence of The Service being carried out, the Plan Experiences frequent modifications. Mobility is a mark of the Hierarchy and the Master in incarnation Is its reflection on earth. Thus the necessary structures to The expression of the Teaching are Utilitarian and ephemeral. There will come a time when the Permanence of the Teaching alone will be

Essential, so much the Synthesis He Carries will be perceptible, The expression of the Synthesis has started, Our Sister LC is its Vector.

406. The note of the Ray I is synthetic.
The esoteric Teaching comes
From My Ashram, it is carried, supported and
Followed by all the Ashrams of the
Masters of the Hierarchy.
Thus Synthesis is expressed.
That is why Our current
Transcriber can work with Us All.

407. To the hunchbacks you pass In your work for evolution, The hunch are to the back what your Concrete mind is to your good will. And you will have to surpass it to One day express the divine Will.

408. Where does satisfaction lie? In The apparent successes but what are Appearances compared with The unconscious? The symbols that Hide a Life where success and Satisfaction are out of place.

409. Morya is with You. Know that nothing can divert The First Ray of its energetic

Impact on this phase of The Hierarchical Teaching. He who will try will be crushed. I have said.

410. May the uncertainties, the fears, the Timidities, the false humilities of the Timorous who cling to the Group go and feed other Canals, they have nothing to do with Us, We have nothing to do with their turmoil.

411. Follow Us and work as Conquerors. The banner of Morya Concerns only Light and its Torch bearers. I have said!

412. To the green abodes that will shelter You In the countryside, in the mountains, hang As an emblem the three red dots of Agni Yoga It is the Fire that will protect Your Earthly residence.

413. To the vibrant doors of the impassable Thresholds You will cross, Terrible banging may Be heard but do not pay attention to These noises, the renewed horizon of Infinity alone is essential, You are its Pioneers.

414. Like branches that crack in The storm, resistance will Eliminate the most intransigent. Only the flexibility of Love Enables you to resist to The strongest storms. Do not Regret the former and support The latter. But You will Know them before they crack and Yet You will love them even In their fall and after.

415. In heat and in cold Your Bodies will react differently. But The emanating Harmony does not depend on it.

416. To timelessness You are linked
To the Absolute You commune
With Shamballa You cooperate
In incarnation You are born and
Because You are in Christ
Impersonality characterizes Your
Every actions.
Yet Your Personality has
To be strong. And for them this paradox is
Difficult to understand.

417. They need to know that the Personality Has nothing to do with the ego. Only when the latter is transcended

Does it finally exist.

This is why Our Brother D.K.

Defined the soul as Ego.

418. To the burned lands of human disasters, Humanitarian catastrophes, You Are the plowshare of the new plow, the Fresh furrows and the delicate seeds; You Protect the tree and the flower, the wheat and everything That grows from destruction. And

All this is but effects of what
Ferments on the occult planes and of which You
Are the anonymous and silent
Orchestrators.

The Master in incarnation is amphibious and His tides are located on the subtle planes.

419. The Dark Brothers intervene on Free will before a choice. We help free will so that Freedom of choice exists. Discern.

420. In politics a red carpet is
Unrolled over the future to mark the
Dusty steps humans
Leave on History.
But the feet that have made these prints
Have left their path and
What remains of the blood that may have been shed by

Their hands? A few drops
Heavy with satisfaction that the
Nation undertakes to
Cram the brains of children at school.
Grave or acute the accents of
History sometimes clash with
Life. If you teach History,
What a responsibility!

- **421.** When one is forced to attack In self defense, where is wisdom? Between attack and defense Thin is the difference. What with armies and how They operate?
- **422.** To the obscurantism of social Structures is added the Reason of State. When one knows what reason is, Where does the State stand?
- **423.** Reason is often only a Long list of intellectual justifications.
- **424.** The political world is swept by the First Ray, this is why Destruction and reconstruction are So frequent. The Second Ray Of Love needs to be established there for The synthesis of the two to bring a Wisdom that human reason

Lacks

It is why they have invented the term, Reason of State, which leads to believe in a Difference between the reason of citizens and That of the State. But the State is you, so Is this really reasonable!?

425. In the quiet serenity of
Solitude that is indispensable to You during
Periods of intense occult activities, You
Receive the powerful Ashramic vibration
Whose regenerating impact invigorates
Every cell of the physical body.
The very dynamic ensuing effect
Is fortunately eased by
The in-between consciousness of the several planes
Upon which You evolve.

426. A constant in Service: the Complete selflessness implied. The Masters in incarnation are Living proof of this.

427. If politics had the Wisdom of its Aspirations, the issue of power Would be resolved. For this Wisdom needs to be Rooted within mankind himself.

428. In politics points of view will have to be

Turned upside down. Women will take care of this But they will be hampered by Existing structures. Yet thanks to them certain energies Will be able to pass.

429. The white magic of the White Magician is limited to the Expressions of Synthesis.

430. Over the foundations of the Hierarchy, By cleansing the mental plane of Its miasma, the Master in incarnation Participates in the redemption of Humanity.

431. The past is filled with necessary stages
One needs to forget in order to advance.
To the junk room of thoughts
Memory creates useless recollections.
Work in the eternal Present of the future, this
Perpetual becoming is the only
Objectively valid reality.

432. When you are gathered in the name of the Hierarchy around a Master in Incarnation, avoid pointless Discussions, useless questions and Disturbing doubts.

Work or leave.
I have spoken!

433. When silence is heavy it
Is full of the unspoken.
The sublime lightness of the golden Voice of
Silence is a harmony that Space absorbs and
Restores like a
Melody whose notes mark
Time. One must become impregnated with it.

434. When the wind blows over green wheat Like caressing a luxurious head of Hair, it means that Spirit communes within Matter and becomes impregnated with the creative Rhythm of the seasons.

435. The tombstones of the cemeteries are But the heavy stamps
Humans seal over death to
Define the unknowable. Under the
Exquisite marble and other tombs
Only corpses may be found.
The liberated energy is somewhere else, it is
A part of you.
Cremation must be further
Introduced in the customs.

436. Of the Beauty emanating from Words, The entire Ashram is the Crucible when transcription occurs.

437. Although, thanks to humans, duration

Becomes Time, the latter
Always escapes them.
While the Master in incarnation
Places Himself in timelessness,
The ordinary person is dependent on
Duration, and
The madman suffers the cacophonous clash
Of Duration and Time from which
Chaos ensues. In the latter case,
Chaos is the energetic shock
Produced by the anarchic interpenetration of moments
Mutually linked to different planes.

438. Vision is the universal achievement Of direct knowledge that is Still timely and parceled. In timelessness, the Master in incarnation Uses and is subjected to the Vision. He is Subjected because it puts Him in direct And close contact with all of those He Knows or meets.

It is easy for Me to give you a
Parallel. Imagine being
Immediately in contact with
The most secret intimacy, the most hidden
Thoughts, positive or negative, of all those you
Know or meet.

This is what happens with the Master in Incarnation with everyone, on the subtle Psychic planes where pollution is Feared.

It is because of this permanent Vision
That solitude becomes necessary.
Furthermore this constant Vision, the
Energetic whirlwind it creates
Is an unhoped-for channel for the
Dark Forces to affect the
Master and hence the group.
We do not have physical contact,
The Masters in incarnation, Our Brothers,
Are immersed in the world.
Spare them.
Help them.
We count on you.

439. Understand that the Vision once attained Is the only way for the Master in incarnation to Switch off this permanent Drama and to withdraw to Solitude, preferably in Nature. There, the support and strength of The Ashram can be felt without Interference, which is crucial for The Service. In cities, even alone, it is impossible for The Master in incarnation to escape This permanent jamming On the energetic plane.

440. The externalization of the Hierarchy was Well prepared but the physical vehicles

Of the Master in incarnation are the Guinea-pigs of this service in the world.

441. You ask me

Why are there Masters in incarnation? The Kingdom of God has to descend On earth and for this the Living Christ Needs to express Himself.

- 442. The group of disciples in place on The physical plane needs to be coherent Regarding the hierarchical work With which it is entrusted and bound to the Master in incarnation in order not to Serve as an unconscious channel to the Waiting Dark Forces.
- **443.** Like a wave of Love that can Lift you if you follow it, The energies of the Master in incarnation Are available in evolution.
- 444. When you read these lines nourished By the Blood of the Chalice, meaning The Life of the Heart; and you know that The Hierarchy is the Heart of Humanity, May these energies ruled here by Those of the Ray I carry within you The impact of immediate recognition. Morya is present.

I have said!

445. Prana facilitates the contacts with The subtle worlds, little food Is then necessary, and it should only be Vegetable.
In the cities, in order to reduce the Vibrations, one will have to eat more. As to the Masters in incarnation, They Can have real stomach Troubles so polluted is The atmosphere in cities.

446. Of the recollections memory archives Thoughts are the imprecise labels Always seeking pleasures and Desires in a forced continuity to which The senses try to cling. But thought is old, it can only Turn in circles to the evils of its circles. Live the present.

447. Where is your priority?

448. When what people call
Love or friendship fades and
Disappears, leaving only bitterness
Or regret, it is because the foundations were
Poured over the quicksands of egoism and
Psychological weaknesses.
The so called "love" or "friendship" then leaves you
Empty with the part of yourself that

You sought in the other.
The stronger the reaction,
The deeper the emptiness.
Those who do not recover become
Psychically handicapped.

449. To the high walls of assuredness The heart clings because it is nothing but Openness.

But we need to agree on the word Heart

450. In the ashes and burning of These paths of becoming that you Cannot escape, are found the Sacred footsteps of those Masters in incarnation Who have Preceded you to better follow you.

451. Whatever the vital force of Light, a spark has Always preceded it.

452. The same as bread contains The taste of its ingredients, so The group has the strength of its energies.

453. Initiation is today a Group matter for which only Individuals are responsible.

- **454.** Our Sister LC is in charge of The Synthesis of the Teaching through The groups on the physical planes (amongst others). Think of the risks She will encounter
- 455. Synthesis includes continuity, of course.
- **456.** The efficiency of the disciples to the Masters of the Hierarchy in incarnation Is directly linked to their absolute Submission to the One Will from which the Plan emanates.
- **457.** Dedicate your instruments and Work, the rest will follow.
- **458.** We all are people in Quest. From the Grail to oneself is The distance between The cup and the lips.
- **459.** Of the passing train you see only The visual and noisy moment Caught in your retina and ears. Where does it come from? Where is it going? What does it contain? Who does it transport?
- **460.** If you experience panic It is because you do not know well your Unconscious.

The hinges of the doors of the unconscious Seal fears, but know that you Always have in your heart the key to These locks.

461. When you pave a road, you Create bumps. The paths of The invisible have only the cobblestones you Place

462. To abandonings of every type, may
Non-attachment be the answer.
To vile and manipulative lies, may
Divine indifference be the answer.
To slander, may the certainty of the
One Will be the answer.
To flattery, may vigilance of the
Presence of the contentious Forces be
The answer.
To all the traps of incarnation may
Mobility, flexibility and
Constant availability be
The answers. To the circuses of
Relationships Be the acrobats of the Sky.

463. To the sodden paths,
To the fields flooded with torrential rains, the
Drought
Will still remain because it
Does not depend on the sky but on the
Underground water tables.

Do you understand why The externalization of the Hierarchy?

464. The twilight of the gods is After all but a very Human way to deny the obvious.

465. To the hostages of duration you Make of yourselves, Time opens Space. Do you see the door?

466. At the gray of dawn, At the dark of twilight, the Presence of the sun is always Indispensable.

467. Motionless or flickering, the Flame of the candle is always Burning.

468. When an apple is round and Red, who says that The inside is not rotten?

469. Where will you be when the Time comes for you to Leave the world of physical forms?

470. Into the gutter flows the excess. If you compare water to the unconscious, where Are your gutters?

471. Because evolution depends on it,
The psychology of the New Age is
One of the priorities of the Hierarchy.
Beware, there is danger, you are handling
The invisible.
It is here that a Master in incarnation
Is indispensable also.

472. Do tell them, My Brothers in Incarnation, the sublime Joy There is to not Depend on the non-self; and to no Longer have to fight for it!

473. Each fight is a conflict and You Have resolved the pairs of opposites.

474. The Emotions are the breach
The Dark Forces will exploit in
Your group, rushing in it and
Bombarding you until they can enter.
Only solitude will re-establish the
Rampart of the Ashram.
Thus cannot be avoided Your
Dependence on the non-self of others
In incarnation.

475. Avoid, My Brothers, My Sisters, the Overly personal focalizations through The feelings of a person severed from the

Subtle worlds. They are the source Of troubles that can be dangerous.

476. At the height of your energies, may your Forces become aligned.

477. Even when the course is steady One can always tack, Always be ready.

478. In the attics of a full Life, spider webs
Accumulate. Without a roof
The unfinished exposes you to the sky.
Only the unfinished gives access to
Infinity.

479. When Time erases memory in The Eternal Present then You have become.

480. The speed of airplanes is greater than The speed of clouds of course. But at the speed of clouds, airplanes Would drop from the sky.

481. If opulence gives you its Letters of social nobility, beware, There is surely a reason.

482. Tabernacles of Christ on The altar of Humanity, this is what You

Are.

483. Love is always the source but Before being a state It is for you: Aspiration, means, goal and non-being.

- **484.** When vertigo opens its slope to emptiness, Only one solution, to turn back toward The invisible summits still inaccessible.
- **485.** The Apostles' hands are always empty the Christ in them starts to bare himself.
- **486.** Race cars do not drive well on the road, They are only built for The trials of competition.
- **487.** By the sky of hopes are followed Dreams deferred. The dream in waking has a weak action and a Strong fantasy, it pollutes the mind and Blocks the enthusiasm of true beginnings, Unless it feeds an artistic Channel, and even so...
- **488.** And some will tell you that to dream is Necessary, because up to a certain Level of evolution flight is unavoidable.
- 489. Any flight is first a

Refusal of self.

490. To the seamless tool of Your mind, Television or movies Will imprint nothing unless they Carry a humanitarian message.

491. The precision mechanism of the Instrument of Your bodies requires A sustained watchfulness and Maintenance. Nothing should be Left to chance.

492. To the rainbow of your moods Are blended the sun and rain of Joys and sorrows. And yet It is this rainbow bridge that Opens the way to the Monad.

493. From East to West
The Buddha has built a
Bridge of Wisdom.
From West to East the
Christ in Jesus has built the
Bridge of Love. But today
The Synthesis of Love and Wisdom
Is the material of the bridge that
You cross from both sides.

494. After three or four hours of contact The transcriptive canal may

Experience a light drowsiness.
This is due to a light hypnotic effect
Caused by the sustained impact of strong
Energies on the bodies.
The best is then to stop and
Flow into this drowsiness for a
Well earned rest.
The contact will not be interrupted
For all that.

495. Reactions are the mark Of objective consciousness, as for Consciousness It passes or passes not, it is but action.

496. No one can give freedom, It is a state you attain by yourself.

497. I give you energies in The form of words, it is up to you To synthesize. I have spoken! Understand.

498. In its various forms, wood Absorbs and insulates. What a symbol.

499. The changing days of the Four seasons force you to Apply to Time a different Duration.

Always be available to

Change.

The bodies of the Masters in incarnation Are adapted to changes.

500. Appearances although Deceiving are often unchanging to The concrete mind, while In change the movement Of the ONE LIFE is constantly Present.

501. From the leaves of Morya's Garden to The Blood of His Chalice there is The end of the wheel of Karma, The access to the Hierarchy and to Shamballa and the Return to the Path of the World Saviors.

502. The direct line of Hierarchical listening passes through a Master in incarnation.

503. Vibrating like sound, stable as rock, Transparent as crystal, Warm as light, You Will barely have for some the translucence Of opals, and even so...

504. The color of the candle Matters little to the flame.

505. Racism is to reason what The heart is to intellect: an Absence.

506. Do not forget that the wind changes direction and
That in these moments it is better
To be the wind.
The state of Love implies an
Absolute communion with all the
Elements of universalism.

507. There is no freedom in sex; Where does this stupid expression "Sexual Freedom" come from?

508. To loose the dogs has never meant To free the stag. In this permanent Sex hunt, who are the Dogs, who is the stag?

509. Seduction is the poor relation of Love, it always begs to Reassure itself.

510. To the fixed crosses, mutable or Cardinal, that bear you, give the Wings that Christ unfolded.

511. The rails under the train are but The limits of a derailment

Always possible.

- **512.** Any limit may be exceeded. It is out of fear of exceeding limits that Humans create their own.
- 513. As there are clearer days and Darker nights, there also are Darker days and Clearer nights. They ensue and Change and yet Flow one from the other.
- **514.** Metaphor brings through Poetry what paradox Knots in life
- **515.** Pleasing objects are limited By the contours of their forms, Beauty is unlimited, coming from the Subtle worlds, it is subjective.
- **516.** As a door must be Opened or closed, Come or go but do not stay Still. Indecision is The gangrene of action.
- **517.** One must know how to follow to Be able to precede one day.

518. To those who need a Slap in the face,
The sweetness of a smile will be a lost effort.
Only the Master in incarnation knows to whom to Either should be given, but it
Will always be to interiority He
Will address the collective
Misunderstanding minus one, the one whom He
Addresses.

519. Do not mistake canalizing, what the Anglo-Saxons call "channeling", With the conscious creative cooperation Of the Master in incarnation. The first can be used as a channel for Anything, not the second.

520. To the seductions of the Dark Brothers the Master in incarnation resists Alone in order Not to involve the Ashram.

To the attacks of the Dark Brothers, the Master in Incarnation,
Who faces the full brunt of everything Alone so as not to Weaken the group of which He is the buffer.

In these harsh moments the Master in incarnation is truly Alone.
But the energetic force of the Ashram and Our help are preciously His After the incidents.

521. On the silvery flowers of the olive tree the

Sun plays with a thousand facets in the Infinity of the Landscape.

Its powerful knotty trunk and its stocky
Branches make it a child of the
Earth and nature with a rich
Symbolism: peace, purification, strength...
On Earth, like the olive tree, may the Spiritual
Sun in which You live
Reflect in the infinity of the divine facets You
Transmit.

522. When the Master in incarnation Brings back from His night of physical sleep a Moment lived, it is not a dream but A reality that may concern Him or Apply to someone else. You may also call this Clairvoyance, that's what it is.

523. The complexity of the work and the Service given by a Master in incarnation Is unimaginable to you, thus It escapes you in great part.

524. May the faith that moves mountains Destabilize them not, they might Crumble.

It happens more often than you might think. The wars of religions in History demonstrate this perfectly.

525. Do not give too many means alone to People, they would make goals of them. To the means add Authentic spiritual values and Those of Human Rights. And in that order. I have said!

526. To the life-buoys We Toss into the sea, men Prefer the crutches of Civilization, society, religion... And others...

527. The psyche is to mankind what The unfathomable ocean and its waves Are to the planet.

528. A bird on a branch is
A potential flight.
From branch to branch the bird
Passes its time in flying over the earth.
What are your branches?
What are your flights?
And is not your flight just covering distance?

529. To the ambitions of these moments Of ambitiousness every person experiences, Take care that a spiritual motivation, like A traitor, does not slip in. Just to give you Good conscience!

Know yourselves openly and without Equivocation.

530. Nothing should be occulted, The true occult protects itself By opening up only to the most trustworthy.

531. Over the abrupt slopes of what you Think is not you anymore Lie the traps of the foregone Ego.

532. Do not give yourselves time, it Would be an illusion. Give yourselves consciousness, the Only correct action.

533. The perverse skids of Satisfaction are the glare Ice of any spiritual ground.

534. If you still believe, abstain. If you still have faith, land down. Make sure you know and Comprehend. On any spiritual path, Empiricism is a rule. Buddha and Jesus are Examples. Of course I address Myself to disciples.

535. Because to believe and to have faith are

The opposites in a duality that Implies doubt,
This duality must be resolved.

536. From caves to caverns
Mildew creeps in, open up the
Lower depths to the Spiritual Sun and
Breathe deeply the
Rays of the ONE LIFE so
The heart can finally beat at its own rhythm.

537. In the tedious moments you Go through, never forget that The next stage is near.

538. With each determined step the Destination is closer. Be determined but discern. We watch, attentive to every step.

539. The Master in incarnation instantly Detects the particular energetic Quality used By the Dark Brothers in their attempts To seduce Him. The ambiguous key it emits is Discordant to the Hierarchical Energies in which He bathes.

540. Under the imperious waves of The energy of the Ray I, the odd

Line of the Rays is the Most direct precipitation Of expression.

It is the one Luse here

541. When the concrete mind bolts down The polemics of its erroneous Certitudes with an unbreakable lock, Nothing can open it except The hard impact of which the Ray I alone Is capable.

To break, in order to better seat.

The shock throws back uncertainty but the Disciples can then continue.

This method is indissociable from Love.

542. How to predict the unpredictable? In the constant mobility Non-attachment prepares.

543. Pride, in its spiritual Ramifications, looks so Humble one could almost Believe it.

Do not let yourselves be fooled.

544. Night is necessary to day As shadow is necessary to light. The former is made for physical rest The latter threatens the

Subtle bodies.

However it may be it is in His
Bodies that the Master in incarnation, Who
Has resolved the night-day duality with
Timelessness, will resolve the shadow-light
Duality through the Vision.
In finding the Synthesis at the
Heart of duality will the
Master in incarnation show the
Path of evolution.

545. The Master in incarnation is
Energetically qualified as a
Transcriber. This means that He
Does not only transmit an
Abstraction, no.
Intelligent creative cooperation
Implies that the transcriber knows,
For having lived and surpassed them, all the
Initiatory stages or occult
Work He describes under Our
Direct Hierarchical inspiration.
The current work thus occurs
Because We are approaching Synthesis
In parallel with the externalization of the
Hierarchy.

Our Brother D.K. and A.A.B. worked In part differently, you must Perceive the difference.

546. To reject and to imitate are but

Two processes linked to Duality but they do not resolve it.

- **547.** In mother-of-pearl are Inscribed the pastel notes of the iridescent Veils of the subtle worlds.
- **548.** They have made of supply and demand The basis of the markets whereas it can Only be an exchange based on Love.
- **549.** When the eyes close the Horizon line on infinity, Open your heart to travel the rest of the way Until Infinity.
- **550.** The Master in incarnation lives Reality in The shadows of the formal world.
- **551.** Form is not an illusion, it is Only a facade for the ONE LIFE.
- **552.** Before once again facing The city, fill up with prana because in A period of occult work Your nerves Will be tested, Your nervous system Will be thoroughly solicited.
- **553.** The fragrances of nature, flowers, have A beneficial effect on the subtle bodies

They saturate. Seek them out.

554. There are to the sun of Your nights Invisible rays the day of which Benefits this latter.

555. Humor in the first degree is already the Faculty to detach oneself from form. To not identify with form is already A first step towards the subtle worlds.

556. Next to You I walk My Brothers, may Enthusiasm lift Us up for The Love of all.

557. When passions are set aside, When feelings vanish, When leaving and returning merge, When the razor has lost its edge Because balance is harmony, When thoughts keep silent and at last Silence pervades, Freedom reigns, Love is here, neutral, absolute, quiet.

558. When the parade of Obsessions marches through the mind, It means that the non-self is on the run and Derailment is near.

The explosion is often salutary.

In the long as in the short term

To prevent this will serve nothing.

- **559.** The mobile forms of the clouds you Follow with your eyes are but a Challenge to temporality.
- **560.** May the Blood of My Chalice Quench the furrows of your efforts.
- **561.** If you "tolerate someone" that person Does not sit with you well. It is your clock That must be adjusted, Whatever that implies. When you really help, you do not Take it upon yourself, nor upon the other.
- **562.** Note that the joys and sorrows of life are Conjugated in the past tense, fears in the future. The present only registers surprises and Shocks
- **563.** Rosebuds are the promise of the Beauty of blooming flowers. Every first time, every step is Comparable to these buds. Beauty is in your hands.
- **564.** Avoid systems, Banish methods, Flee from dogmas: three imperatives of the Conscious spiritual path.

- **565.** When it is not a matter of Ponctual transcription, in intense periods of Writing, the Master in incarnation Works during the day in full consciousness.
- **566.** Have you found, at this stage of reading, Where your priority lies?
- 567. No one can judge an interiority But another interiority. You understand the importance of the Interiority-to-interiority work of the Master in incarnation Who does not judge But knows and understands.
- **568.** If the creative veins are traveled By the mauve blood of spirituality, the Work will be evolutionary and of humanitarian character
- **569.** Loyalty towards the Hierarchy is to the Disciples what faith in God is to the Believer, a motivating motor. But, As the former knows, the other hopes.
- **570.** Men think that the sky and the earth are Linked when they interpenetrate each other. The Master in incarnation is a pioneer of this Interpenetration of which The externalization of the Hierarchy is

In its entirety the symbol.

571. See how in its North-South Axis the needle of a compass Is constant in spite of its movements And understand The Hierarchical axis in the Movements of the world.

572. On a road, orientation is
A trajectory that remains despite
The turns, but beware of
Parallel, tangent or
Perpendicular alleys where
This trajectory gets lost.
The absence of traffic signs
Of the subtle worlds is deceiving
To those who are lost.
The burning heart is the only permanent sign.

573. Who said that the physical body
Was a temple?
Agni Yoga knows well that it is a
Microcosm of the universe whose condensation
In carnal form can
Rejoin infinity.

574. It may well be that Fall is only Spring, that Winter is only a frozen accent of The warm note that prepares and that

Mankind is the divine comma that
Punctuates the whole in
Space which would be the
True entity issued from the Word drawing
People back to itself.
Thus the Soul of the World,
Unique to all, relativizes at
The cosmic level the gaze
Of Love that the Divine Mother
Focuses on us.

575. Does the universal poetry of which We are all syllables
Touch our hearts like
Instruments from which can spring
The Harmony necessary to Humanity?

576. From the concrete abstraction that has Molded all people we must Grasp the divine homage they Represent and Bow to the disturbing and impalpable Rainbow of which We all are an integral and active Part.

577. The Word adapts with ease to Speech, words, poetry. If by chance, people cannot Deform it, then you tap A touch of infinity with

A taste of Absolute. And The instant of intuition in which It immerses you puts you in A state of Love. Read Morya and touch love With your Heart.

578. To the energies of the Seven Rays That interweave the cosmic order with Divine qualities, you perhaps perceive The invisible threads that Link you to it.

579. Sublimation is an attempt to make of Concrete reality an ideal Abstraction.

Work rather to concretize
The abstract in order to make it
Visible to all eyes
It is all the difference between
The mystic and the esoteric.
Become esoteric to the service of Humanity in its whole.

580. The soul that abandons form is A transition that inscribes itself in the Duality of spirit-matter. Resolve this duality in incarnation.

581. Why does the thread of events of Life unfold to

The inner eyes of the dying?
Because karma is already inscribed
In letters of fire on
The next incarnation

582. Give nothing in terms of Human temporality,
Give everything to the heart, it
Is the love of timelessness.
When old friends
Who have severed physical contact
Meet again, observe.
If they have nothing to say to each other,
If the wavelength is no longer
The same, then their friendship was
Based on the temporal.

583. The heart of the Master in incarnation Is an inexhaustible cosmic reservoir Directly linked to the head.

584. It happens that the soul can be cut Energetically from its physical vehicle. Sensitivity then takes airs of Psychological pathology where the mind Nourishes itself with reasoning, itself Deformed as it only grasps The false problems of the ego. Outbursts of violence or Unpredictable mood swings Characterize such individuals that

Rapidly become the pawns of the Dark Forces, and their means to reach The disciples and Masters on their respective Levels.

Depression and energetic exhaustion Make of these individuals Fleshen puppets that the Brothers of the Shadows Easily manipulate.

All their relationships are moody and No one can do anything for them at This level.

Even the Master in incarnation, who is In contact with the soul, cannot Link it energetically with its Physical vehicle and the incarnation of These individuals turns on empty.

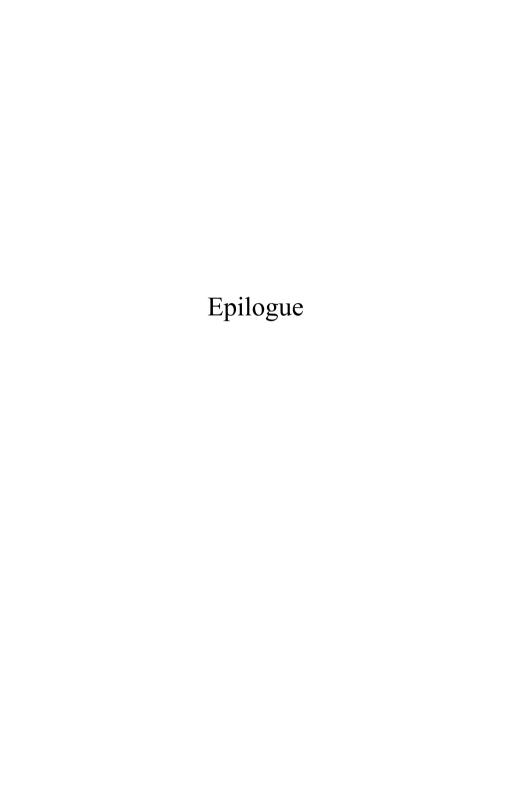
585. One can say, in these cases, that The bodies are disjuncted.

586. The stream of LIFE that has filled My Chalice flows here a little for all, A little in relation to everything, and puts you In contact with the blood of the Chalice of the Masters in incarnation. Under the energetic auspices of the Ray I the ONE LIFE is the Directing agent, utilizing the Arrows of the Will to Power In the service of the Intention The Masters in incarnation know and serve.

May it renew your aspiration, May it nourish your inspiration, May your intuition recognize itself in it. May it reinforce the service of all. May it enlighten your eyes, May it fill your ears, May your heart be united in it so that The Soul of all be inscribed in the Group Synthesis. The Masters in incarnation are

With you.

We are with Them and The Ones with the others, Let us go forth in the Great Service Under the triumphant banner of Morya. I have spoken.



At the energetic crossroads of the human soul, the intersection of the rays opens paths to the most diverse choices.

Like a torch that sinks into the strong flames of these hopes that make of us the pioneers of the New Age whichever our era, whatever is at stake, for this divinely faceted humanity that evolves in spite of its failures, and because it is first and foremost divine in its essence like everything that vibrates and breathes on this planet, Divine still and always.

I am the bow and the arrow of this direct trajectory between the sky and the earth that the soul takes in its unending primordial thrust. And in the magic of these diffuse or beaming lights that are blended in moments of tension, I focalize and am focalized as many marvelous possibilities that the Personality discovers and that only awaken what God hides in it like many treasures whose secret is held by the heart and which, even when missing, multiplies the energies. Constant flame on the perilous ground of objectivity, where traps are disturbing drafts that threaten and weaken the light without ever threatening its existence. Dancing flame that slowly be-

comes, and forever, the expression of a permanent and symbolic ray whose brillance is held by the Monad to pour it over the sublime brink of its more creative effusions.

I am the flame and the Ray without doing and without wanting as from now on in the deepest, the most external of Myself, the Synthesis has reduced the conflicts to give to the world what the divine Plan sketches again and always in the most hermetic circumambulations in the brains obstructed by a difficult mind.

I am the future and the past reunited to the present of these non-chances that make of the Master the beaming intersections of these seven energies to perceive and to transmit to the surface of these human things that are colored and impregnated with it in order to better serve.

Joy is My companion of every moment and if by chance the darkness blinds Me then I erase them or break them with the determination of this Divine Will that is Mine and that I apply to everything that I am in this service to the world that occupies Me here, now and forever. Crises will arise and vanish to the more or less precipitious cycles of ambient difficulties the experience of which on the occult plane, for the majority, is the purifying canal.

To the detours of My human characteristics I apply the Divine and the light to everything that evolves, to all who suffer, with Love, but sometimes the apparent harshness is only the necessity that another plane demands to best become what of divine Consciousness still escapes the intellect and the heart.

Difficult passages of those who open and awaken, undulating and improper passages that Shiva targets and shatters for further openness so that Service happens no matter what.

I am the blinding projector of divine radiation and nothing can alter this light of cold flame that burns without burning, that illuminates without heating, that shines forever now and always.

My gaze is the divine perspective and if you capture a parcel of the divine in your awakening consciousness it is because you will have happily encountered it like a beacon.

If the time has come then you will cross this beacon and the points of view will be changed. For only one second or for eternity, it does not matter, one after the other, points of view must evolve in the instantaneous conversion that Divine Consciousness undertakes within all. Time will then determine the duration needed by your vehicular equipment to assimilate, digest, and integrate the parcel of this light that will absorb the shadow in you, this fearsome

Guardian of the Threshold who is to the personality but the negative waves of its adhesions or its maddest and most illusory refusals.

I watch within you and I absorb the overflowings that haunt and drown your most sincere aspirations. I filter and love what makes you decay in order to transform it and help you to canalize the purest, the most essential of what it conceals and veils, the Divinity that you hold in your heart, this suffocated Christ that Jesus first lived and expressed to the eyes of the objective world.

I am the Brother and if you recognize Me it is because pride in you has capitulated or because it is monstrous.

I love in you the Divine and, endowed to make it resonate until it radiates, I apply Myself on the Plane of experience to destroy systematically the tiniest shadow that may emerge. These moments are difficult and tedious to you, to Me they are devastating so much My bodies suffer but nothing can stop or alter this process and if I take one, two or three days to recover, so be it, the filtering occurs, Love acts and the well-being will become in the evolution within you waiting for the next tensions to generate other lights.

I love impersonally enough to love in you what tries to destroy Me but only succeeds in shaking the physical-biological system on which I depend on earth.

The art of being ensues from this work and from the hardest to the most flexible I am the destroying Ray or the loving gaze that nothing that evolves can escape.

I love and from the Plane of experience I remain by acting at my best from the Divine Plane I am entrusted with.

leïla chellabi

587. Introduction and Epilogue
Have been asked of Our Sister LC
To frame My Chalice because
They are integral parts of the
Blood that fills it.
Appreciate them like a well incarnated
Punctuation.
We must work together to
The Synthesis My Brothers
I have spoken.

588. For the Masters in incarnation, This consecration to be formulated in The meditation preceding sleep.

"I place My rest on all planes
Under the High Protection of
The Ashram of Morya.
May His kindness support Me and
May the energy of the First Ray
Maintain My divine Will in the
Axis of Power of the ONE LIFE so that
The Intention be accomplished.
May all My brothers and sisters

Within the group benefit from it. May it be this way because It was phrased by Morya!"

589. When the veil of incarnation
Falls back in the nascent dawn,
This invocation formulated by
The Man Master in incarnation
Will make everlasting the thread of Consciousness that
Through it weaves on the earthly ground
The evolution ordained by the Hierarchical Plan.

"In this day that begins
On the Great Service,
May I remain within
The force of the Ashram so that
The available energies
Be used by My vehicles
At any time, according to needs so that
In the axis of the ONE LIFE
My divine WILL help in incarnation
The Beautiful, the Good, the True in
The perspective of the Plan in all Humanity.
May My Brothers the Masters of the Hierarchy
Assist Me so that it may be thus."

Table of Contents

Introduction Epilogue

Also by leïla chellabi:

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1. Novels

Sur les Traces du Nazaréen

Les liens invisibles (Erotic)

Histoire puissance trois

Catherine la solide Insolite

Ouergane

Rama

L'œil de cristal

Chronique d'une Approche Théorique

Au fil des modes et aux toi de la vie

L'Ampli-Roman

En passant par Mimizan

La Gouve

Conte de Jor

Samia et demie

Un Couple en marge

D'ici et D'ailleurs

Octave à Tanger

Vivelle

Dans les creux de la vie

Marouerg

La Maison des non-dits

L'émeraude de Fès

En attendant Aïda

Le voyage d'Amina

Parenthèse à Malte

Set de femmes - Chronique tangéroise

Romantissime

On n'en Meurt pas...

La Ville

Cristal de femme

Rencontre à Madrid

Sur le pont d'un Maroc arc-en-ciel

Une femme au Sud

Une île au bout du Cœur

Asma/Chaïbia - une + une = Une

Tanja la magique

La Nuit du devenir

Face à Face à Tanger (Erotic)

Masque Démasque

Un Jour Une Vie

Sur les voies du deuil

La vie en pointillé

Générations

Nadia

Thaïe

2. Tales

Contes de Portes marocaines (free)

Contes d'éthérique et de Vie

Venusia The Lady on Venus

La Branche Magique

Contes Planétaires

3. Plays

Mano

L'Amour en Question

4. Testimonies

L'Infini côté Cœur ou Gary/chellabi

L'amant d'un jour

Hommage à Sri Aurobindo

Lettre d'ailleurs

Codes codés encodés

Un jour en Asie

J'ai le Maroc au cœur

Sous sub conscient

Autoscan

Silence Solitude Service

Dialogue en Solo

L'enfer en technicolor

Chambre 137

De Bric et de Vrac

Mon Actuscan (free)

« De la médecine entre autres... »

Mon Actuscan 2 (free)

« Du temps des gilets jaunes etc... »

Mon Actuscan 3 (free)

« Pour de plus justes relations humaines »

Mon Actuscan 4

« Médecine/Politique - Vie citoyenne - Évolution »

Mon Actuscan 5

« Nos Frères de l'espace, Les mondes et nous... »

Mon Actuscan 6

« L'Amour inconditionnel »

Mon Actuscan 7

« Transformation - Âmes sœurs - Service - Covid 19 »

Mon Actuscan 8

« Feu mon Ami »

Mon Actuscan 9

« Les Hauts de Hurletemps »

5. Sociopolitical essays

D'une citoyenne - réflexions sur le la les politique(s)

De Shamballa à Rabat

2001: Les citoyens la politique

Manuel citoyen

Il sera une fois la citoyenneté

Citoyenneté : l'Avenir du Futur

Face: Gouvernance - Pile: Citoyenneté (free)

Rêve pragmatique, Engagement Citoyen

Entre nous commentaires et opinion (free)

Toi l'Enfant (Right of the child) (free)

Supramental Mon Ami (spiritual)

Haut et Clair Sur le fil politique

6. Philosophical essays

Essai sur la Beauté

Essai sur la Pensée libre

Liberté Bonheur

Pourquoi ? Comment ?

Roman Vie Fiction

Des éclats de diamants dans la boue (social)

7. Spirituality

Le sang du calice de Morya (free)

À Nos disciples

Le Maître en incarnation Les groupes et Shamballa

Christ en soi, Christ en tous, Christ en Vie

Du Silence de Dieu au Principe christique

Le cœur ouvert

... de Shamballa... aux Caraïbes

Livre d'or

Maîtrise initiatique dans l'incarnation

Les Saisons de la Transformation

Expérience et Maîtrise

Sur les pas de Christ et au-delà

La Source et le moyen

La Mère le monde et vous tous

Du rêve ou de son Absence

De l'Esprit au sexe

Unité de synthèse et Magie Divine

L'Envol

Ange ô mon Ange

La 7ème étape

Énergétiquement Vôtre

Réponse aux « channelings »

Transition et Vie

« ... de la Cellule ... »

Le Nomade de l'Amour

Cœur au mon Cœur

Le Yoga du feu

Devas

D'un Point de Vie ésotérique

Cendres de glace - Poussière d'étoiles

Le couple gnostique

Prophètes et Médiateurs

Connexions - Devas Violets

Cœur Kaléidoscope

Originally written in English

Paddy's World (free)

My word again

The Sacred Journey through Empowerment

Translation into English

On the tracks of the Nazarene

The blood of Morya's Chalice (free)

Traducido al español

Una pareja al margen

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